An act to add Section 1367.252 to the Health and Safety Code, and to add Section 10123.1962 to the Insurance Code, relating to public health: health care coverage.

LEGISLATIVE COUNSEL’S DIGEST


Existing law, the Knox-Keene Health Care Service Plan Act of 1975, provides for the licensure and regulation of health care service plans by the Department of Managed Health Care and makes a willful violation of the act a crime. Existing law also provides for the regulation of health insurers by the Department of Insurance. Existing law sets forth specified coverage requirements for health care service plan contracts and health insurance policies.

This bill would require a health care service plan contract or health insurance policy, except for a specialized contract or policy, that is issued, amended, or renewed on or after January 1, 2025, to include coverage for treatment of perimenopause and menopause. Because a willful violation of these provisions by a health care service plan would be a crime, the bill would impose a state-mandated local program.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.
This bill would provide that no reimbursement is required by this act for a specified reason.

Existing law establishes various programs to support the health of Californians, including programs to support the health of pregnant women, children, and older adults.

This bill would state the intent of the Legislature to enact legislation relating to menopause.


The people of the State of California do enact as follows:

SECTION 1. Section 1367.252 is added to the Health and Safety Code, to read:

1367.252. A health care service plan contract, except for a specialized health care service plan contract, that is issued, amended, or renewed on or after January 1, 2025, shall include coverage for treatment of perimenopause and menopause that includes, but is not limited to, all of the following:

(a) Hormone therapy, including, but not limited to, combination estrogen and hormone medicines, combination estrogen and progestin medicines, and estrogen-only medicines.

(b) Low-dose antidepressants.

(c) Anticonvulsants.

(d) Vaginal estrogen.

(e) Medications to prevent or treat osteoporosis.

(f) Fezolinetant (Veozah) or other hormone-free options.

(g) Topical hormone therapy.

(h) Bioidentical hormones.

SEC. 2. Section 10123.1962 is added to the Insurance Code, to read:

10123.1962. A health insurance policy, except for a specialized health insurance policy, that is issued, amended, or renewed on or after January 1, 2025, shall include coverage for treatment of perimenopause and menopause that includes, but is not limited to, all of the following:

(a) Hormone therapy, including, but not limited to, combination estrogen and hormone medicines, combination estrogen and progestin medicines, and estrogen-only medicines.

(b) Low-dose antidepressants.
(c) Anticonvulsants.
(d) Vaginal estrogen.
(e) Medications to prevent or treat osteoporosis.
(f) Fezolinetant (Veozah) or other hormone-free options.
(g) Topical hormone therapy.
(h) Bioidentical hormones.

SEC. 3. No reimbursement is required by this act pursuant to Section 6 of Article XIII B of the California Constitution because the only costs that may be incurred by a local agency or school district will be incurred because this act creates a new crime or infraction, eliminates a crime or infraction, or changes the penalty for a crime or infraction, within the meaning of Section 17556 of the Government Code, or changes the definition of a crime within the meaning of Section 6 of Article XIII B of the California Constitution.

SECTION 1. It is the intent of the Legislature to enact legislation relating to menopause.