

Bill Summary

Assembly Bill (AB) 1887 would prohibit utilization management for FDA-approved prescription drugs indicated for the treatment of rare diseases (orphan drugs), unless a biosimilar, interchangeable biologic, or generic version of the drug is available. Utilization management includes prior authorization, step therapy, and other utilization review.

Context

Rare Diseases (orphan diseases):
Diseases that impact <200,000 people in the US



1 out of 10 Californians live with a rare disease

Utilization management: Techniques used by health plans and insurers to control costs, ensure medication compatibility, and manage safety.

Diagnosis of a rare disease takes an average of 4-5 years. 5% of the ~5k-10k rare diseases have FDA-approved drug treatments.

Medical Effectiveness

Not enough research on the impacts of utilization management on the use of prescription drugs for *rare* diseases.

Some evidence that utilization management can delay treatment of *non-rare* diseases; impacts may be different for treatment of rare diseases.

Utilization and Expenditures



CHBRP estimates 8,200 people would start new orphan drug prescriptions sooner each year; in total, an additional 17,000 prescriptions would be filled/administered within a plan benefit year, with the following fiscal impacts:



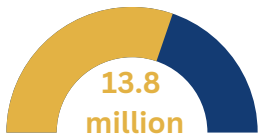
+\$148 million in total annual premiums paid by employers and enrollees



+\$900 to +\$1,200 in annual average cost sharing per enrollee (varies by market segment)

Insurance Subject to the Mandate

Of 22.8M enrollees in state-regulated health insurance in California...



13.8 million would have insurance subject to AB 1887

- CDI and DMHC-Regulated (Commercial and CalPERS)
- Medi-Cal

California Health Benefits Review Program (CHBRP), California Department of Insurance (CDI), California Department of Managed Health Care (DMHC), Food and Drug Administration (FDA)

Public Health Impacts

No measurable public health impact at the population level, but AB 1887 may yield health and quality of life improvements individually:

- Faster access to medications
- Potential reductions in unnecessary healthcare utilization when waiting for prior authorization
- Reduced stress and administration burdens for patients, families, and clinicians

Long-Term Impacts



Increases in premiums from higher utilization of orphan drugs due to:

- New drug development
- Improvements to diagnostic technologies for rare diseases

Utilization growth and fiscal impact may stabilize as more biosimilar alternatives become available over time.