

January 29, 2026

CHBRP

*California Health Benefits Review Program:
evidence-based analyses on a legislative
timeline*

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www.chbrp.org



A large, ornate classical building with columns and a pediment featuring relief sculptures.

About CHBRP

WHAT IS CHBRP?



Receive requests
from the
Legislature



Provide neutral
analysis



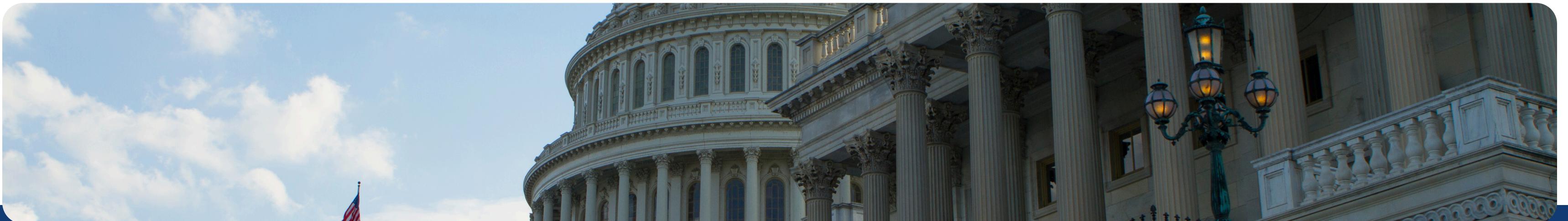
Create resources
on health
insurance policy



Use evidence-
based information



Established in
2002 through
legislation



CHBRP DOES NOT:



Make policy
recommendations



Select bills
for analysis



Provide opinion-
based analyses



Receive funds from
the CA General
Fund

Health Benefit Mandates

Screening, test, or treatment of disease/condition

Example: requiring coverage for screening and treatment of breast cancer



Generally, they offer or provide coverage for the following:



Type of treatment/services, medical equipment, supplies, or drugs

Example: requiring coverage of reconstructive surgery

Services from particular provider type

Example: requiring coverage for services from licensed acupuncturist



But wait, there's more!



Cost sharing



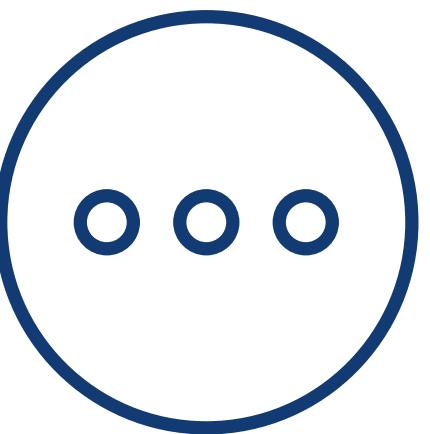
Healthcare
Financing



Parity



Reimbursement
Rates



Etc.

CHBRP may be asked to analyze any legislation related to health insurance

Structure of Analyses

Policy Context & Background

- What health insurance would have to comply?
- Are related laws already in effect?

Medical Effectiveness

- Which services and treatments are most relevant?
- Does evidence indicate impact on outcomes?

Impacts

- Would benefit coverage utilization or **cost** change?
- Would the **public's** **health** change?

Timeline & How we work



Timeline & How we work

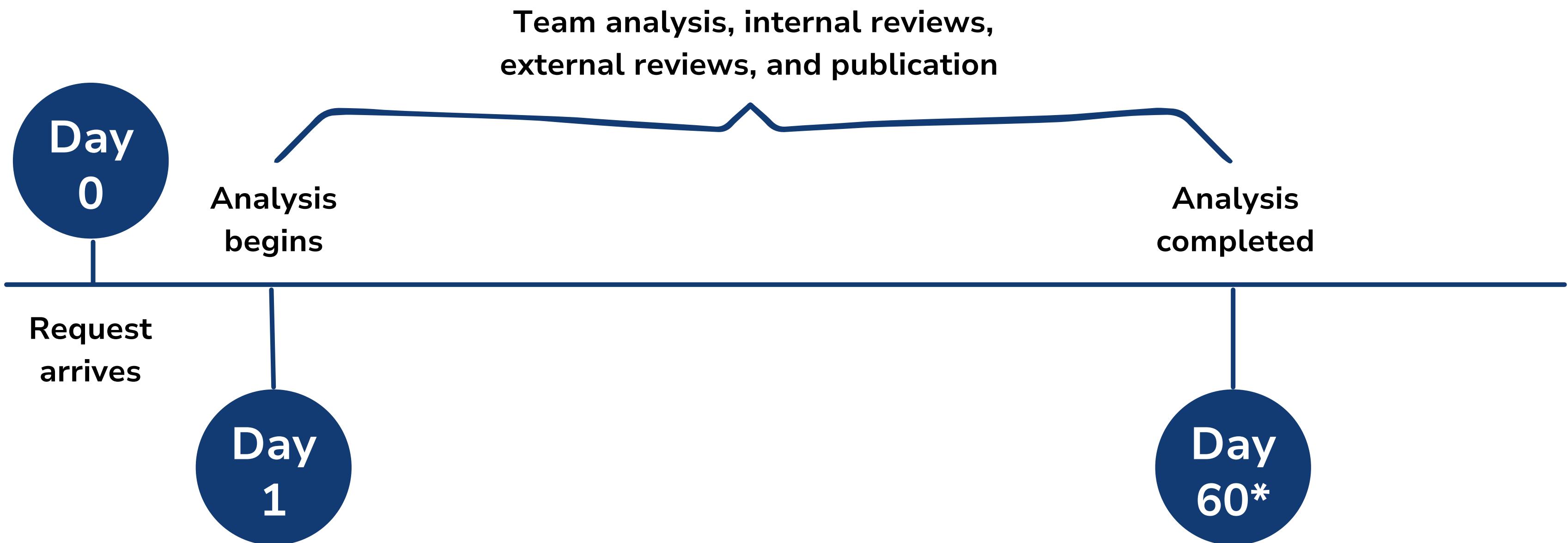


Timeline & How we work



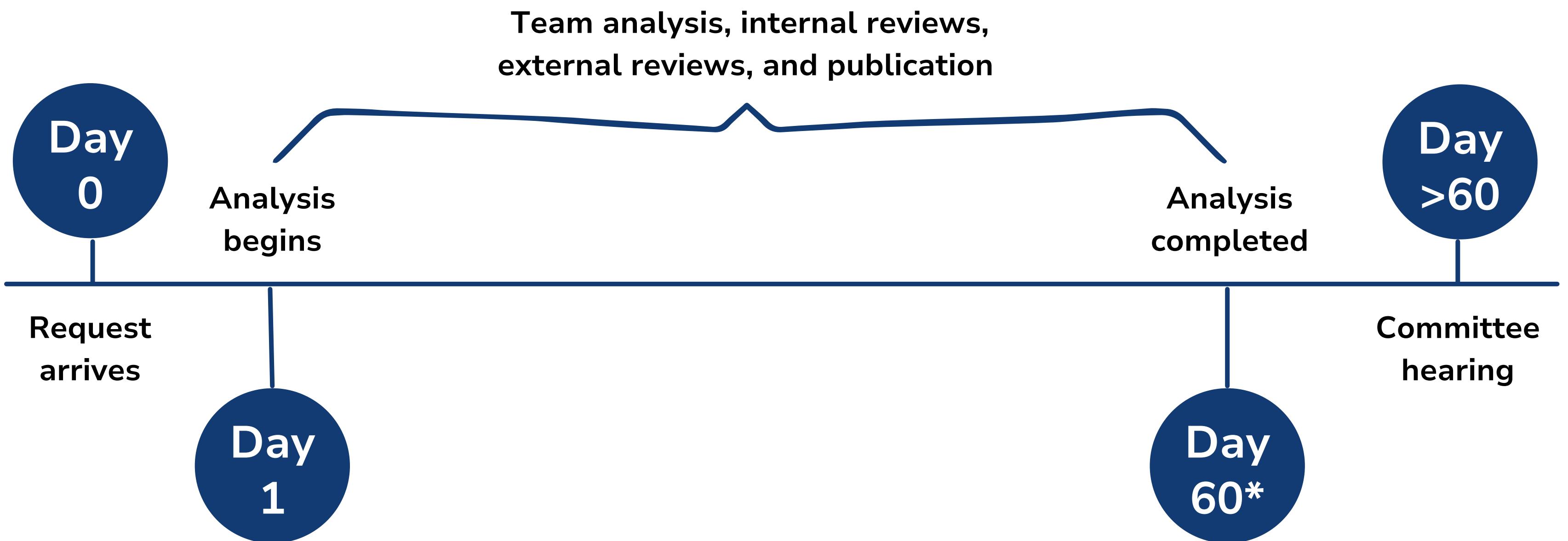
**Requests are sometimes asked to be completed in fewer than 60 days*

Timeline & How we work



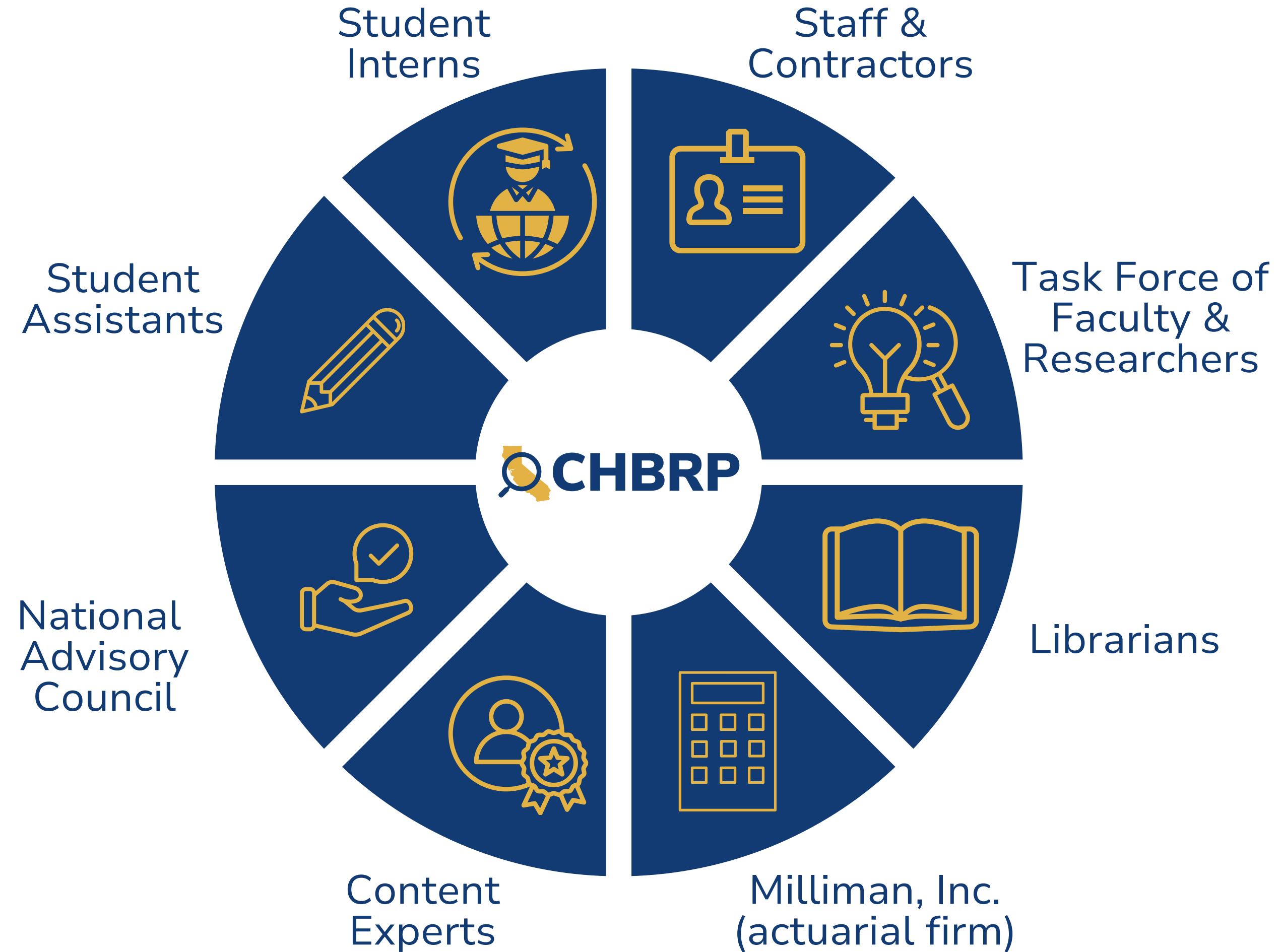
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Timeline & How we work



**Requests are sometimes asked to be completed in fewer than 60 days*

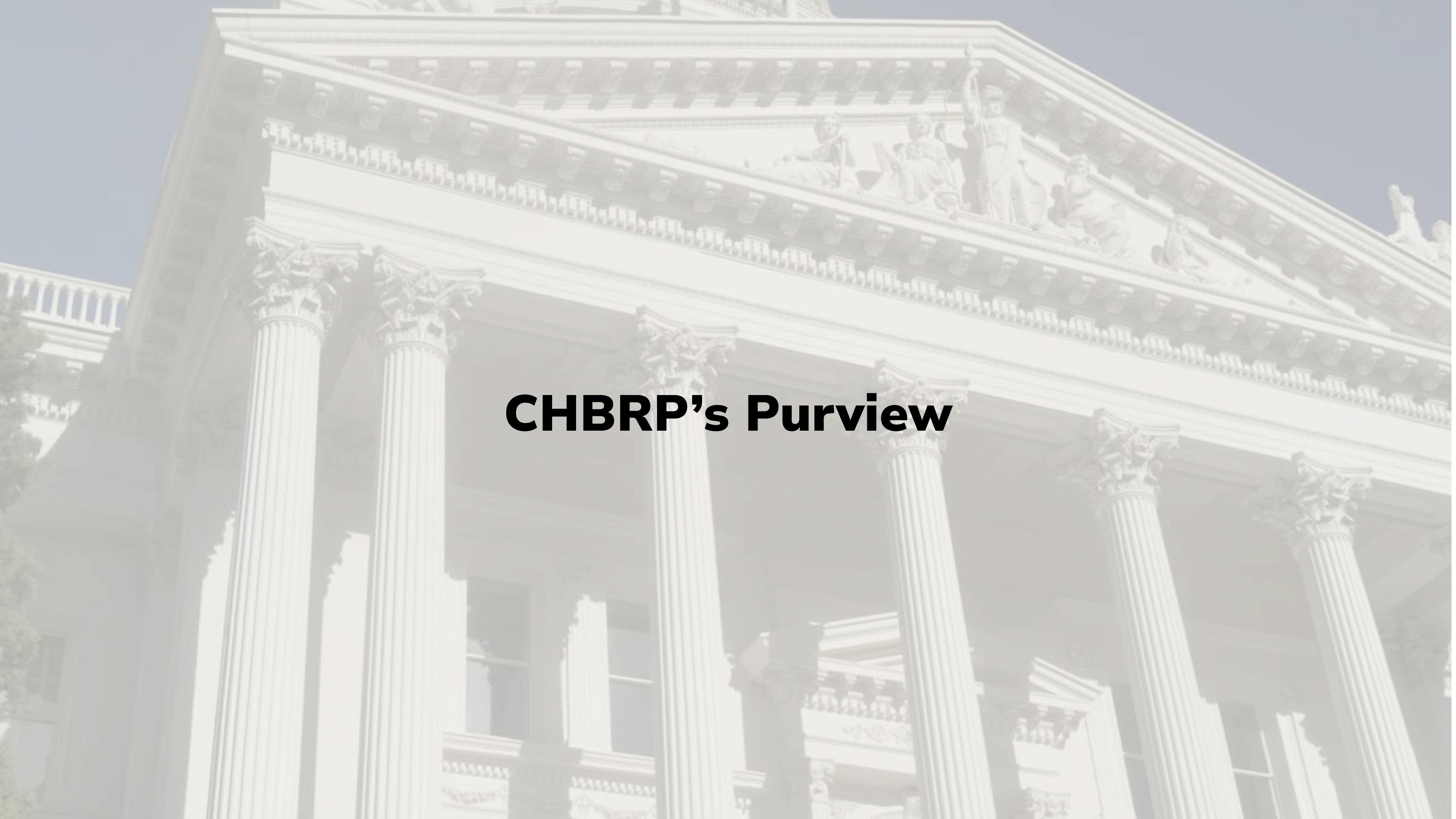
Our Team



Our Task Force

We work with researchers
from seven UC campuses!



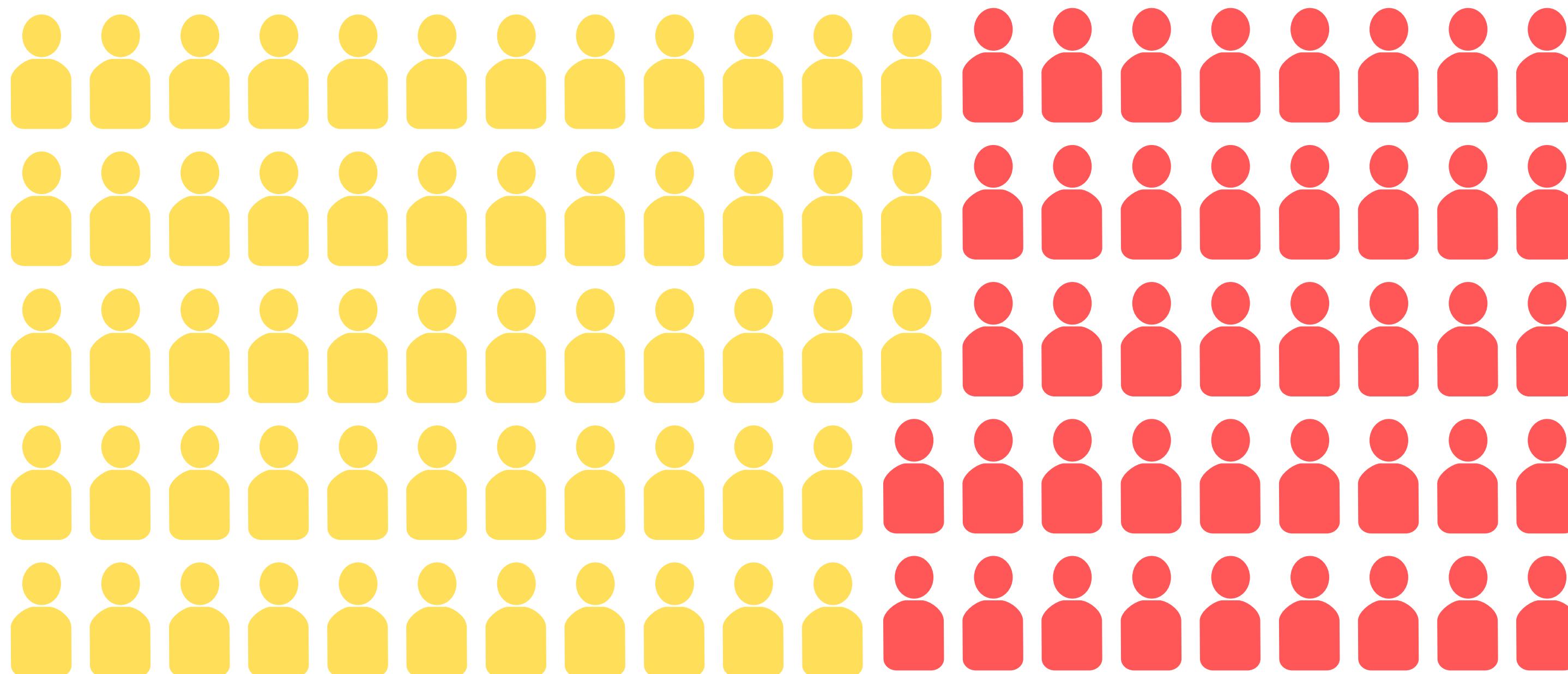
A large, ornate classical building with columns and a pediment featuring statues.

CHBRP's Purview

State-regulated

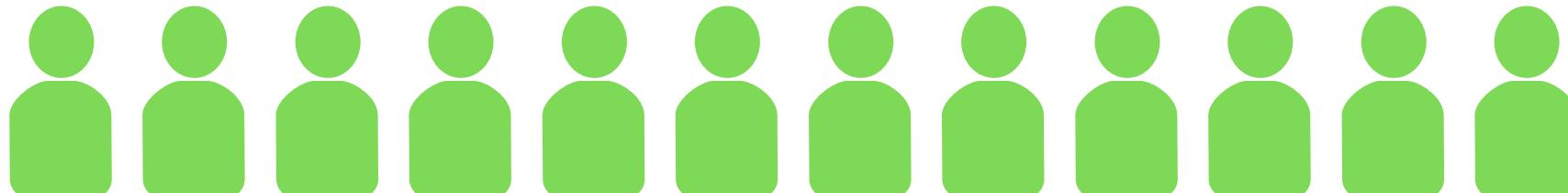


Federally-regulated only



California Insurance Markets

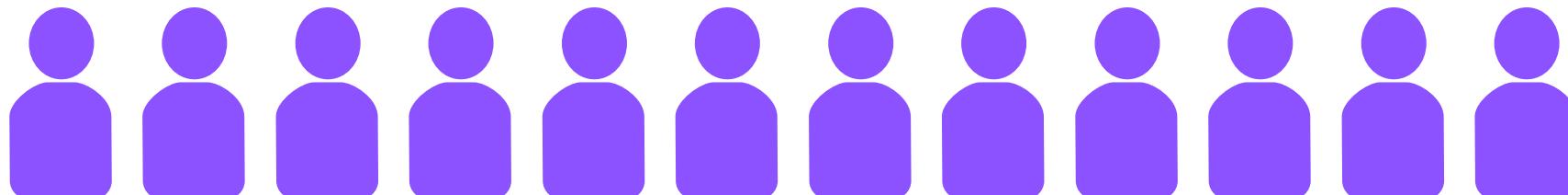
Large
Group



Individual

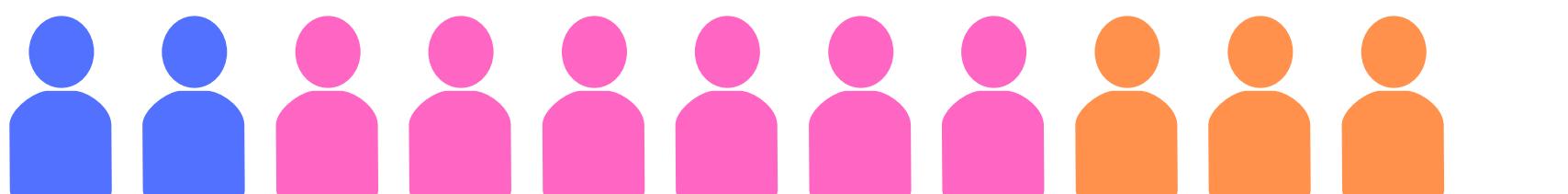
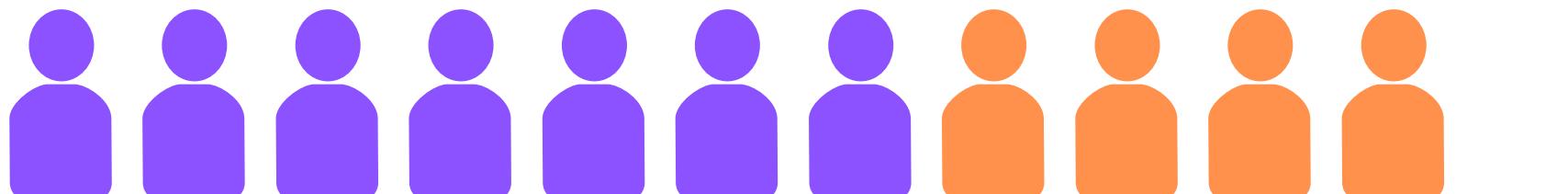


Medi-Cal



Small
Group

CalPERS



(Some) Recent Analyses and Requests

2024

- AB 2467: Menopause
- AB 2668: Cranial prostheses
- AB 3059: Human milk
- SB 1180: Emergency medical services
- SB 1236: Medicare supplements

2025

- AB 350: Fluoride treatments
- AB 546: Portable HEPA purifiers and filters
- AB 575: Obesity Prevention Treatment Parity Act
- SB 40: Insulin
- SB 626: Perinatal health screenings and treatment

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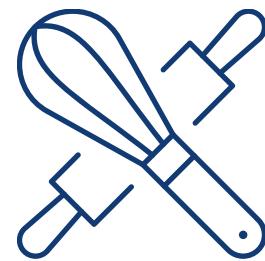
Working with CHBRP

Working with CHBRP

Is your bill CHBRP-bound?

Working with CHBRP

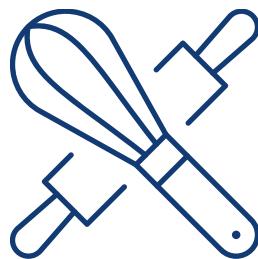
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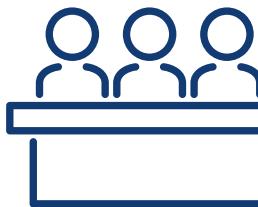
Make sure to have a nicely baked bill

Working with CHBRP

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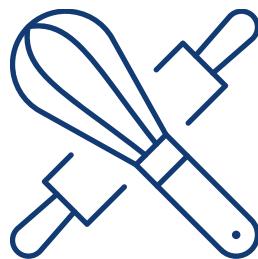
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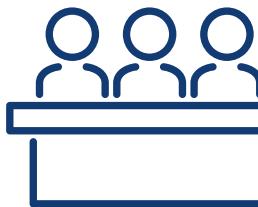
Check in with the health committee

Working with CHBRP

Is your bill CHBRP-bound?



Make sure to have a nicely baked bill



Check in with the health committee



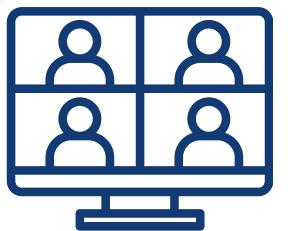
Check out our website for previous bills,
resources, and other publications: www.chbrp.org

Working with CHBRP

What happens when your bills go to CHBRP?

Working with CHBRP

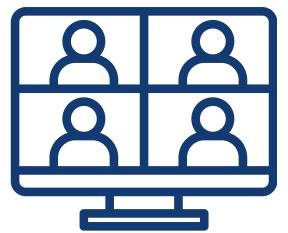
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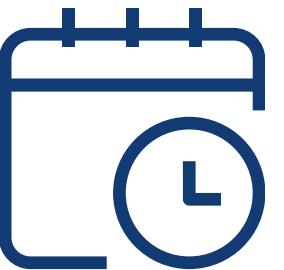
Bill questionnaire
and meeting with
CHBRP staff

Working with CHBRP

What happens when your bills go to CHBRP?



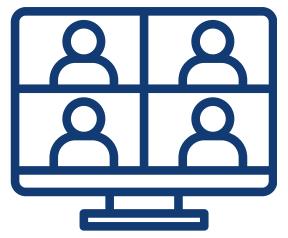
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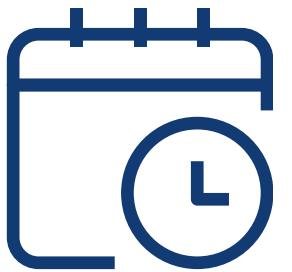
Period to submit
additional information

Working with CHBRP

What happens when your bills go to CHBRP?



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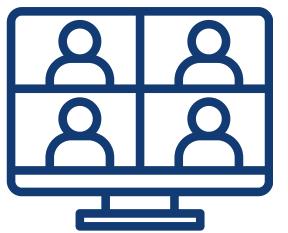
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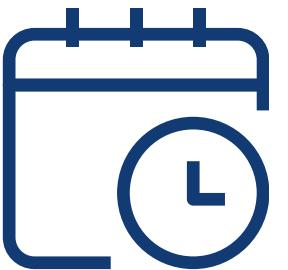
If necessary,
technical
amendments

Working with CHBRP

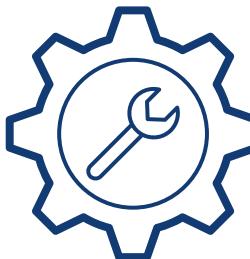
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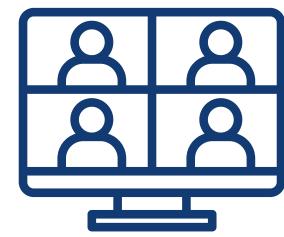
If necessary,
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amendments



Briefing on analysis
following
completion

Working with CHBRP

What products are published by CHBRP for each bill?



Bill
analysis



Key findings: a
short
summary of
the analysis



Infographic /
fact sheet
about findings

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Other Publications

CHBRP Publications

Select Level



Level 1: Glossary & Nuts and Bolts

- Glossary: key insurance terms
- Nuts and Bolts: High-level snapshot, 1-2 pages
 - Proposed 2027 Essential Health Benefits
 - AB 144
 - State Health Alliances
 - HR1 Medicaid provisions timeline
 - Sources of health insurance in CA
 - Enrollee health care expenditures

PREVENTIVE SERVICES IN CALIFORNIA

HEALTH CARE
NUTS AND BOLTS
with


Current as of August 29, 2024

What are preventive services?



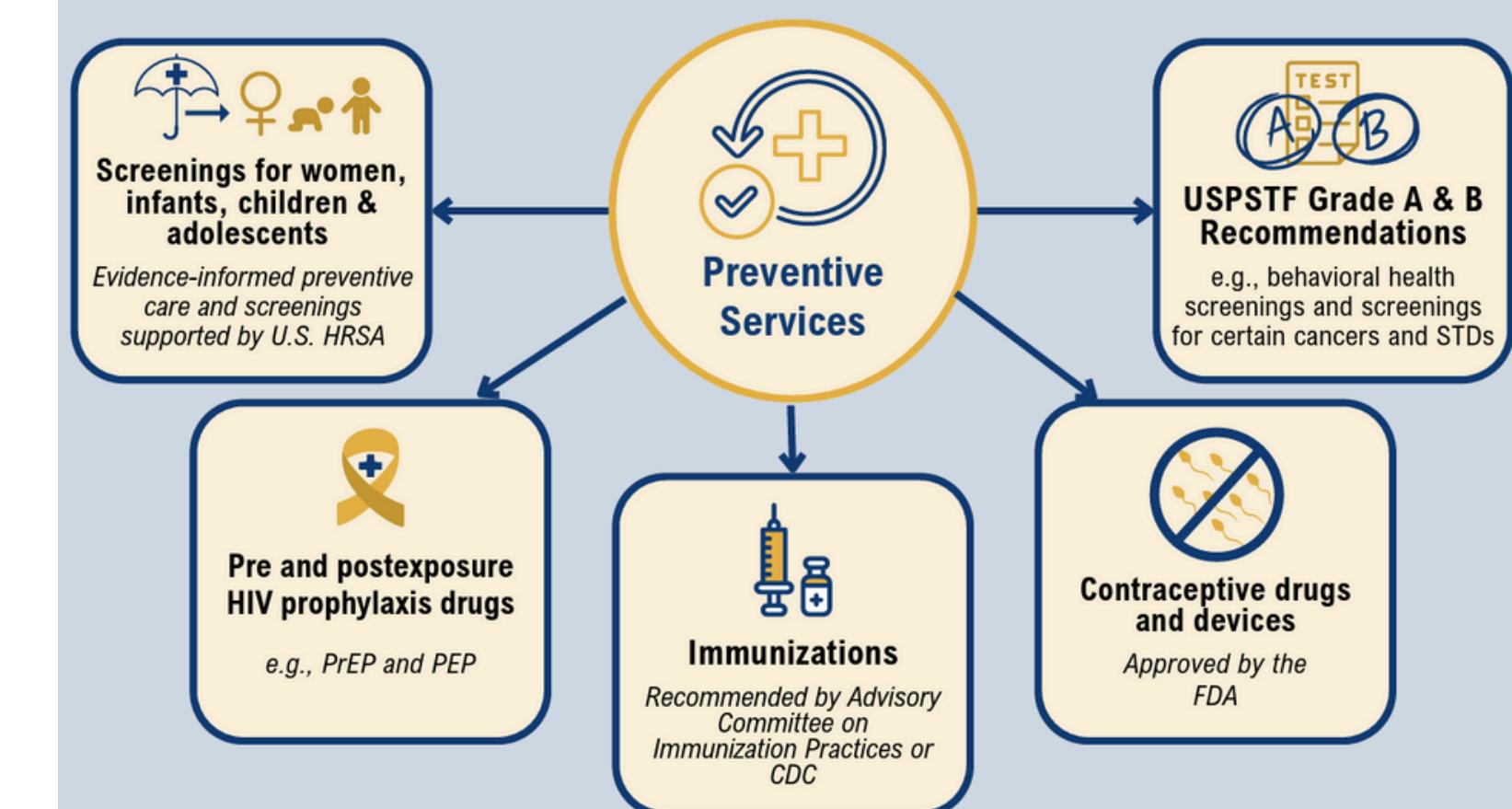
Routine health care services, including screenings, check-ups, and patient counseling, that help prevent illnesses, disease, or other health problems.

California law states that when a recommendation is made for items and services that fall into one of the preventive services categories (see below), coverage for the benefit must go into effect within the next 12 months.

Who has coverage for them?

Coverage for preventive services is **required** for Californians in **state-regulated** health plans and policies, i.e., those regulated by the Department of Managed Health Care and the California Department of Insurance.

These services must be provided at **no cost** to the enrollee, i.e., without cost sharing. However, they are only free when **delivered** by a provider **in the enrollee's plan network**.



Level 2: Explainers

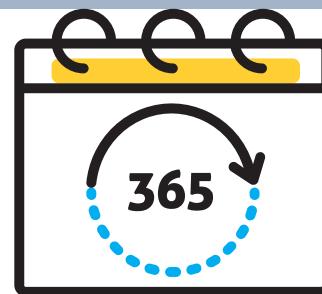
- Mid-length
- More background and definitions
- Often driven by topics discussed by Legislature

Topics Covered

- Health Insurance in CA 101
- What is cost sharing?
- Utilization management
- OHCA
- Medi-Cal Rx
- Drug supply chain



Level 3: Resources, Issue Briefs & Policy Snapshots



Annual Resources

- Sources of health insurance in California
- Federal and CA preventive services benefit mandates
- Pharmacy benefit coverage
- Deductibles in state-regulated health insurance



Issue Briefs & Policy Snapshots

- AI and healthcare in CA
- Outpatient prescription drug cost sharing
- Telehealth
- Medical necessity determination process

Boss Level: New Topics

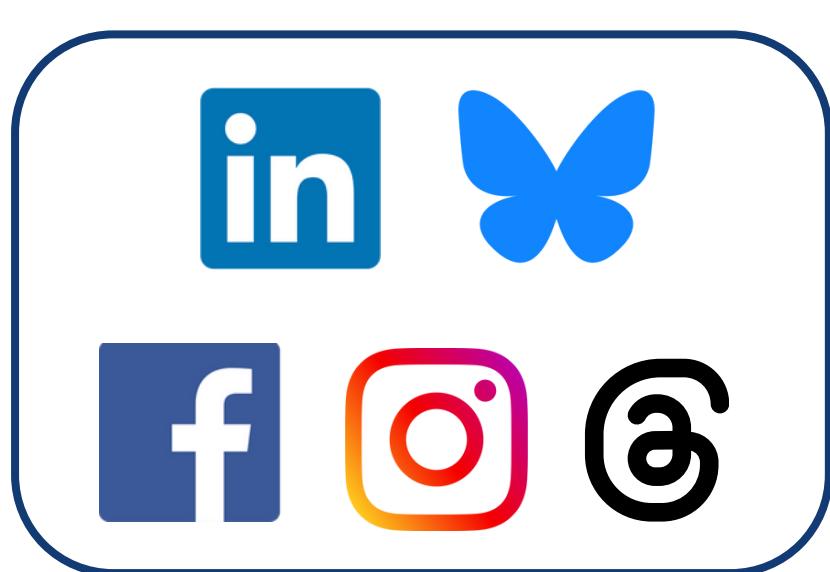


Can't find what you're looking for?

Have a topic suggestion for other publications?

Email us at info@chbrp.org
or find us on social media!

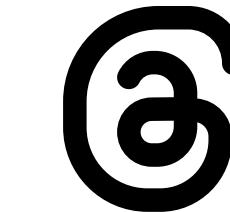
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Sign up for our listserv!



Stay in
touch!



Thank you!
Any questions?

