

January 29, 2026

# CHBRP

*California Health Benefits Review Program:  
evidence-based analyses on a legislative  
timeline*

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[www.chbrp.org](http://www.chbrp.org)







# **About CHBRP**

# WHAT IS CHBRP?



Receive requests  
from the  
Legislature



Provide neutral  
analysis



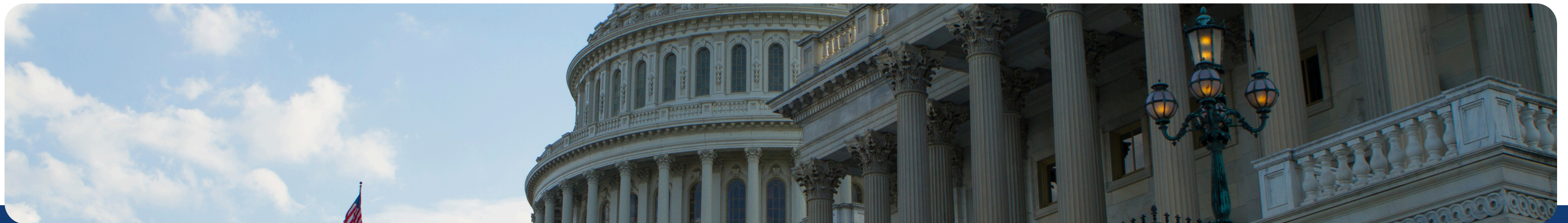
Create resources  
on health  
insurance policy



Use evidence-  
based information



Established in  
2002 through  
legislation



# CHBRP DOES NOT:



Make policy  
recommendations



Select bills  
for analysis



Provide opinion-  
based analyses



Receive funds from  
the CA General  
Fund

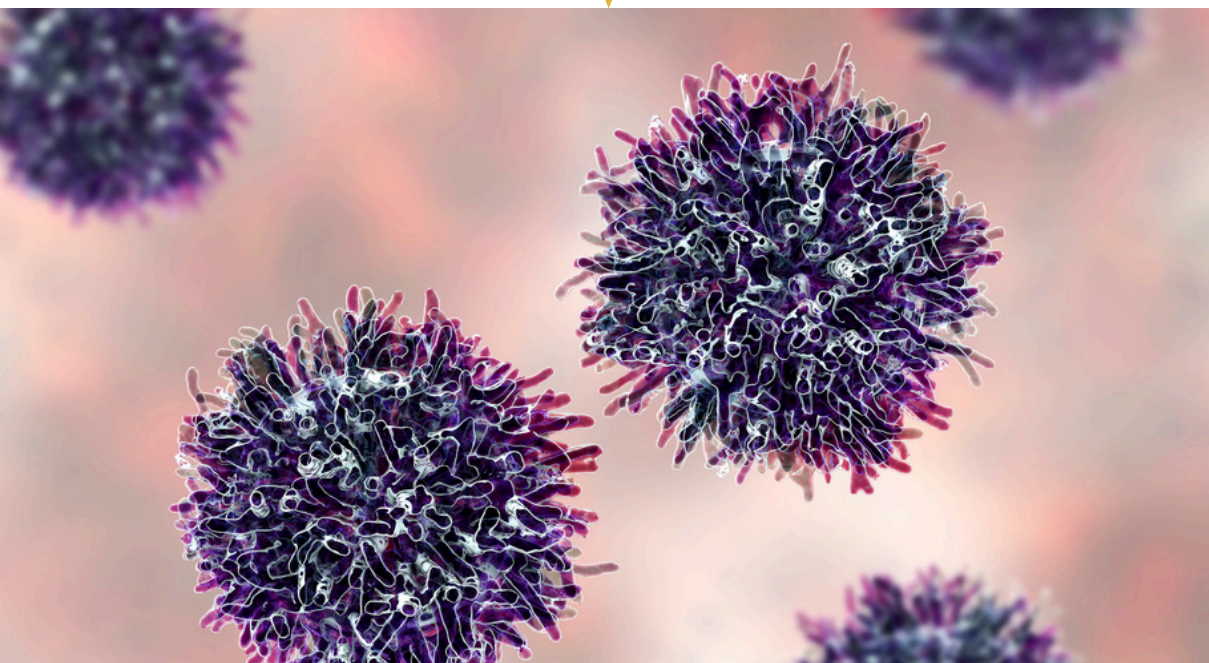


# Health Benefit Mandates

Generally, they offer or provide coverage for the following:

Screening, test, or treatment of disease/condition

*Example: requiring coverage for screening and treatment of breast cancer*



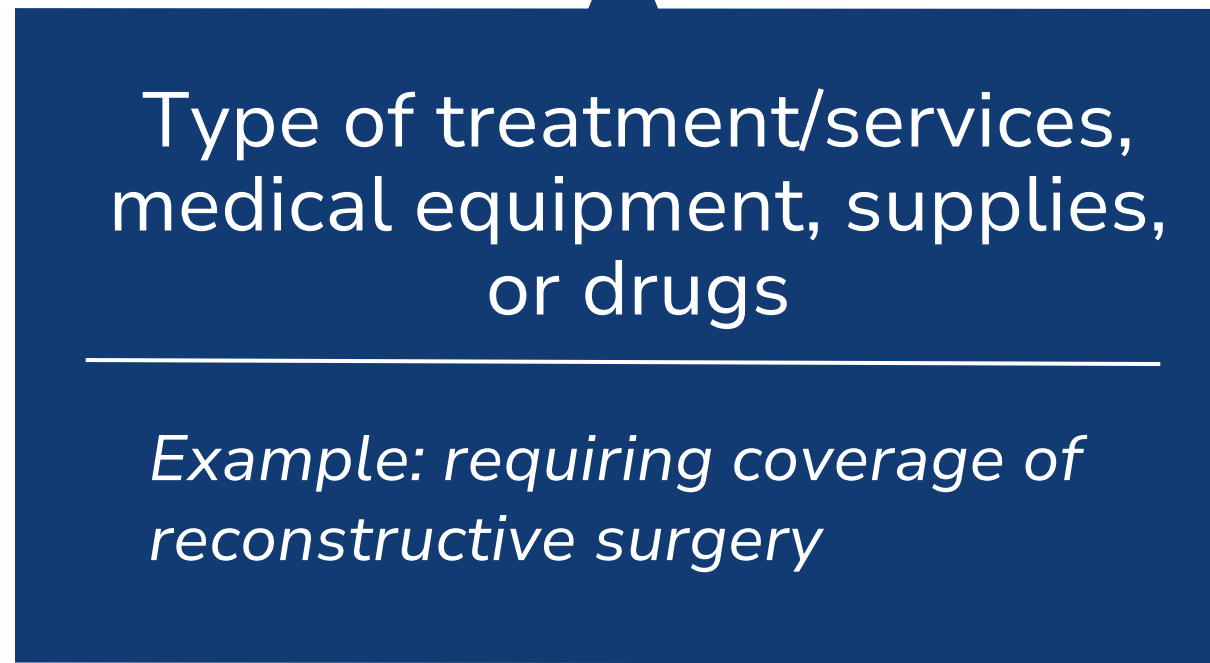
Services from particular provider type

*Example: requiring coverage for services from licensed acupuncturist*



Type of treatment/services, medical equipment, supplies, or drugs

*Example: requiring coverage of reconstructive surgery*





# But wait, there's more!



Cost sharing



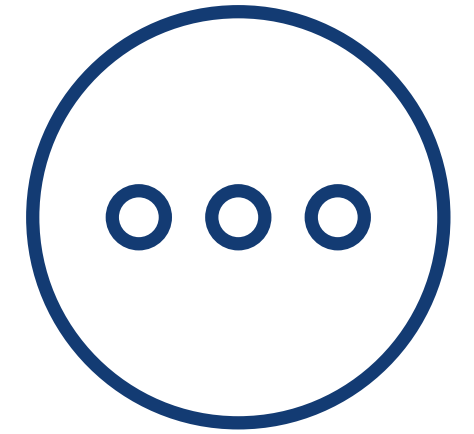
Healthcare  
Financing



Parity



Reimbursement  
Rates



Etc.

CHBRP may be asked to analyze any legislation related to health insurance



# Structure of Analyses

## Policy Context & Background

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- What health insurance would have to comply?
- Are related laws already in effect?

## Medical Effectiveness

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- Which services and treatments are most relevant?
- Does evidence indicate impact on outcomes?

## Impacts

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- Would benefit coverage utilization or **cost** change?
- Would the **public's health** change?



# Timeline & How we work



Request  
arrives



# Timeline & How we work



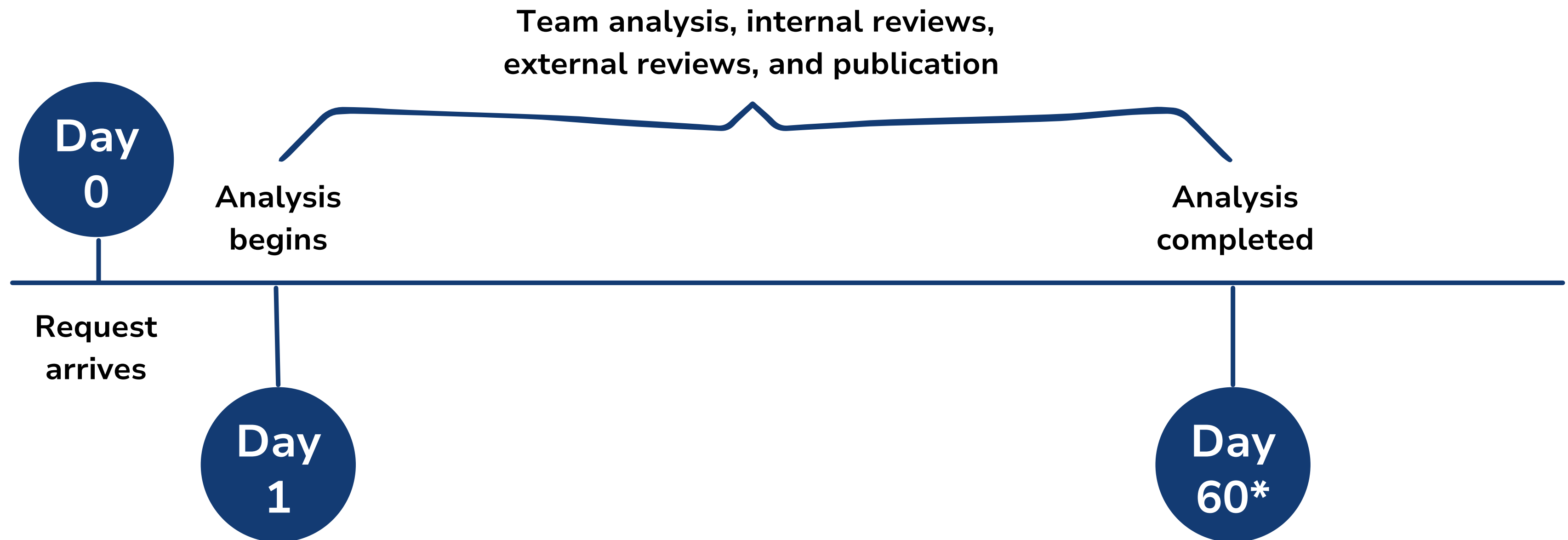
# Timeline & How we work



*\*Requests are sometimes asked to be completed in fewer than 60 days*

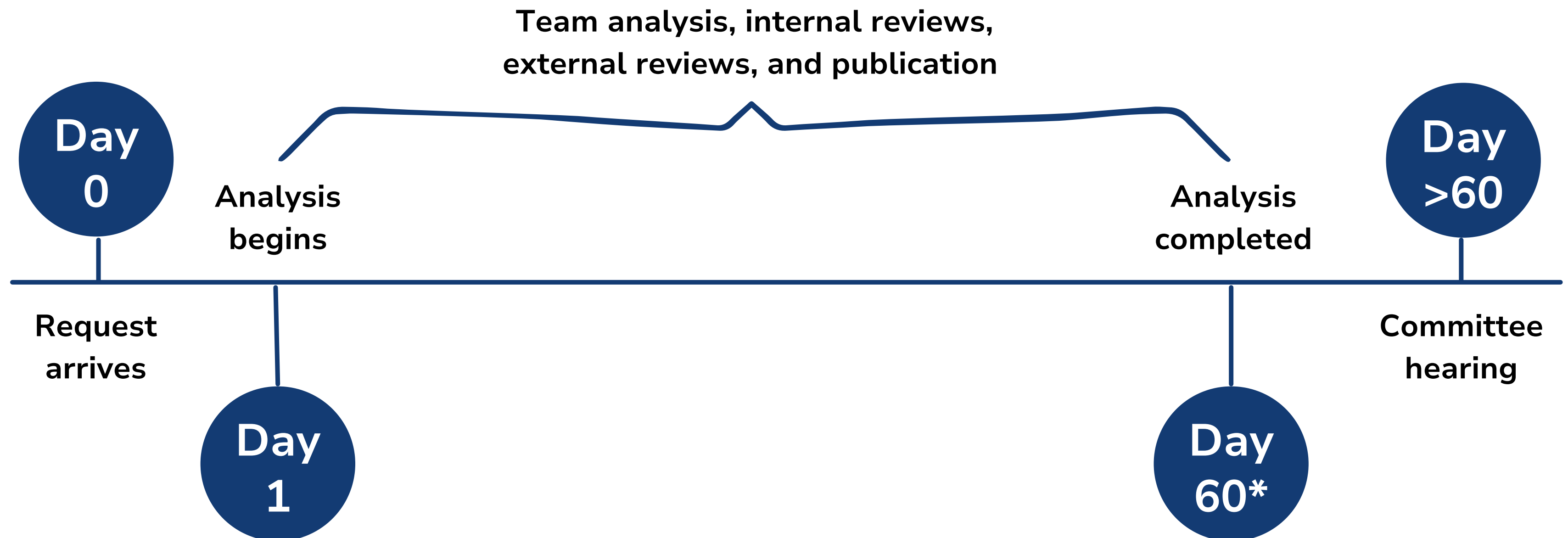


# Timeline & How we work



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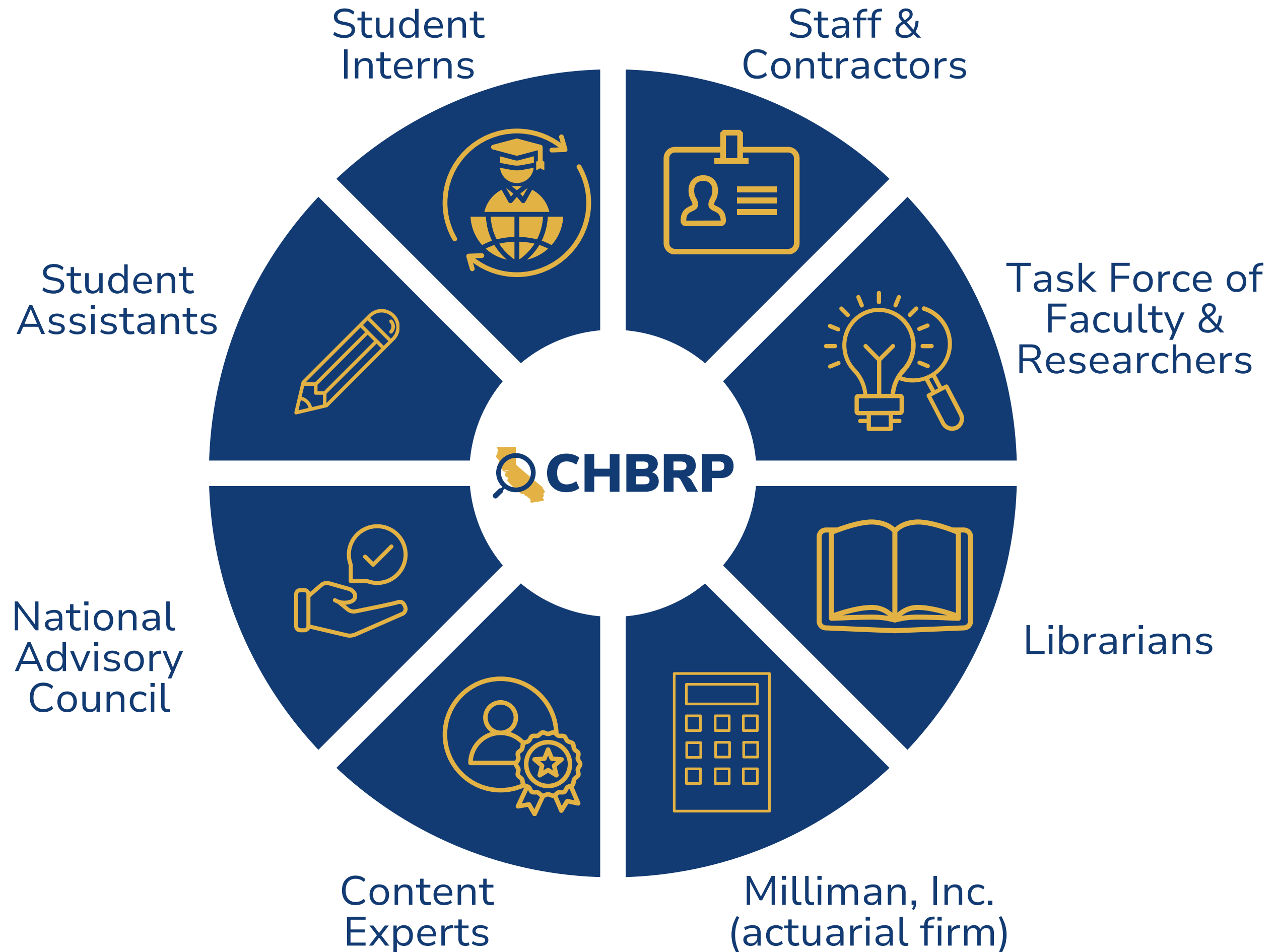
# Timeline & How we work



*\*Requests are sometimes asked to be completed in fewer than 60 days*



# Our Team



# Our Task Force

We work with researchers  
from seven UC campuses!





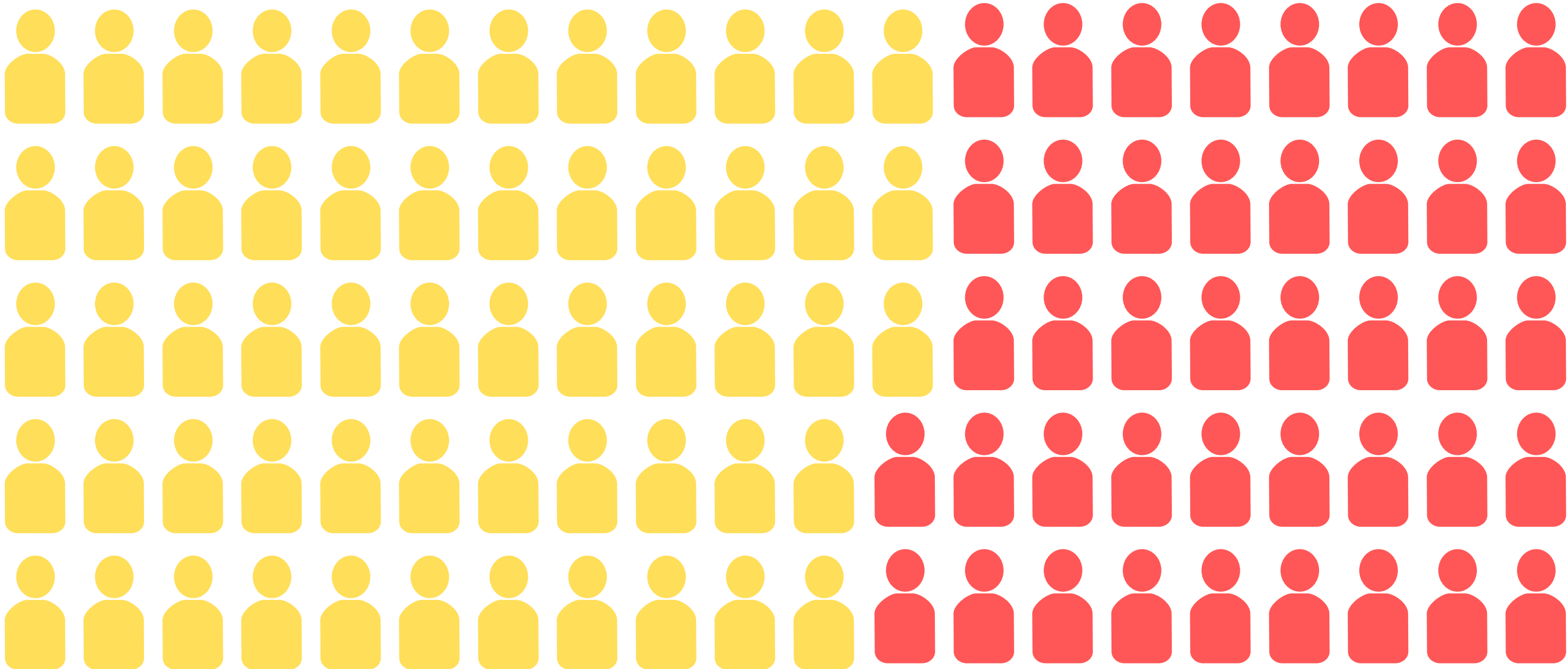


# **CHBRP's Purview**

State-regulated



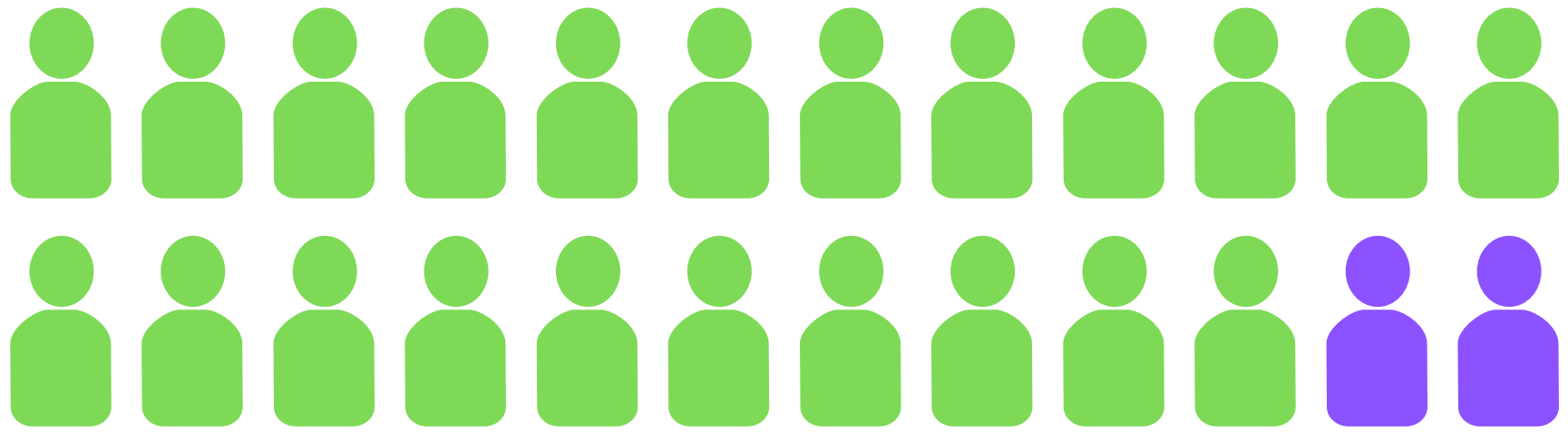
Federally-regulated only





# California Insurance Markets

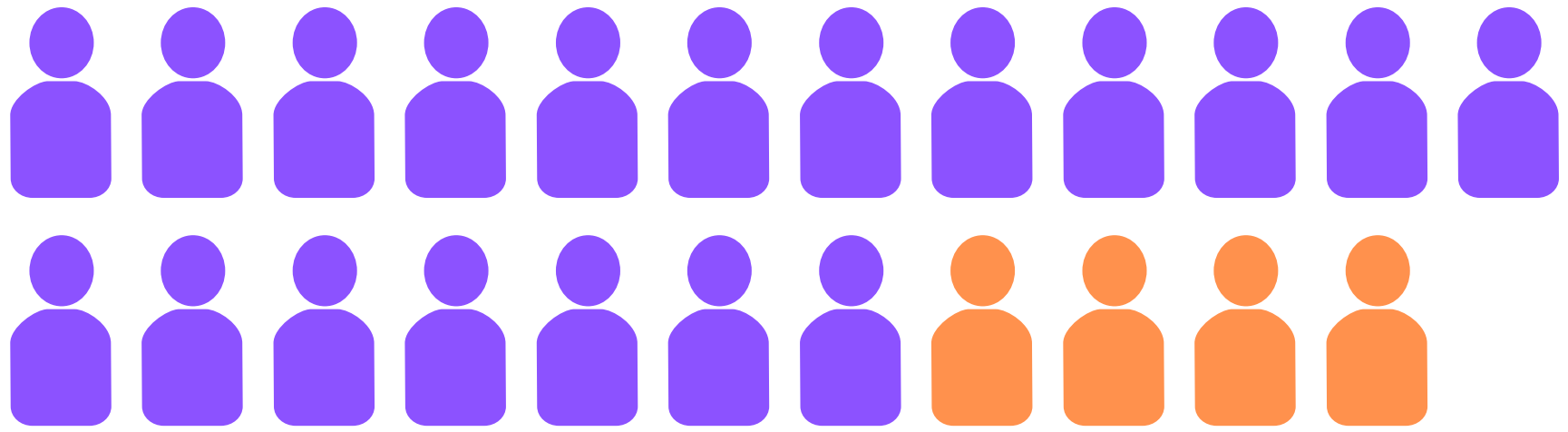
Large  
Group



Individual

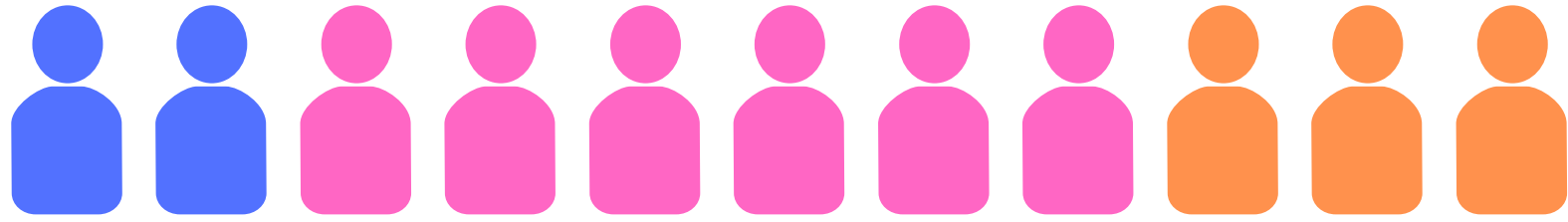


Medi-Cal



Small  
Group

CalPERS



# (Some) Recent Analyses and Requests

## 2024

- AB 2467: Menopause
- AB 2668: Cranial prostheses
- AB 3059: Human milk
- SB 1180: Emergency medical services
- SB 1236: Medicare supplements

## 2025

- AB 350: Fluoride treatments
- AB 546: Portable HEPA purifiers and filters
- AB 575: Obesity Prevention Treatment Parity Act
- SB 40: Insulin
- SB 626: Perinatal health screenings and treatment





# **Working with CHBRP**

# Working with CHBRP

Is your bill CHBRP-bound?

# Working with CHBRP

Is your bill CHBRP-bound?



Make sure to have a nicely baked bill



# Working with CHBRP

Is your bill CHBRP-bound?



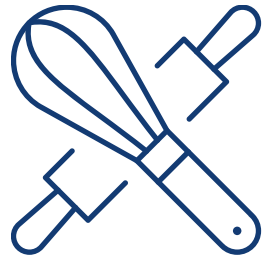
Make sure to have a nicely baked bill



Check in with the health committee

# Working with CHBRP

Is your bill CHBRP-bound?



Make sure to have a nicely baked bill



Check in with the health committee



Check out our website for previous bills,  
resources, and other publications: [www.chbrp.org](http://www.chbrp.org)

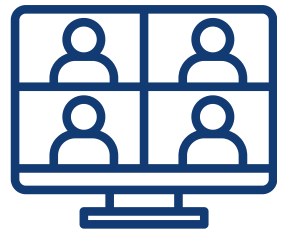
# Working with CHBRP

What happens when your bills go to CHBRP?



# Working with CHBRP

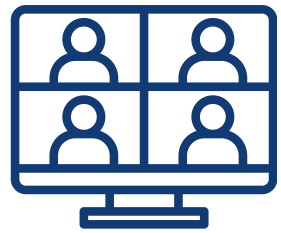
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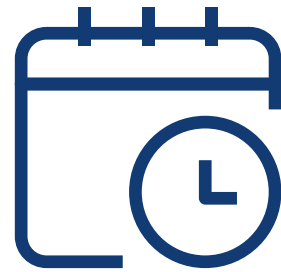
Bill questionnaire  
and meeting with  
CHBRP staff

# Working with CHBRP

What happens when your bills go to CHBRP?



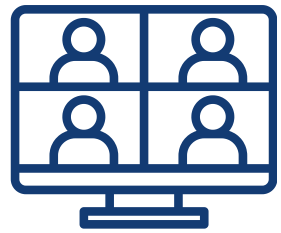
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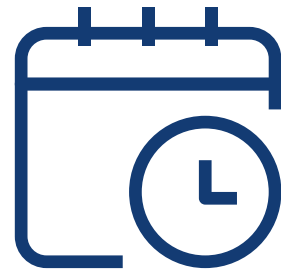
Period to submit  
additional information

# Working with CHBRP

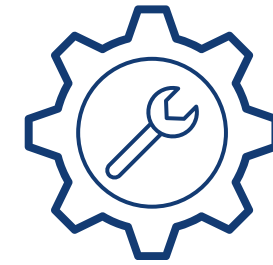
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Bill questionnaire  
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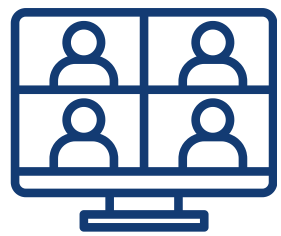
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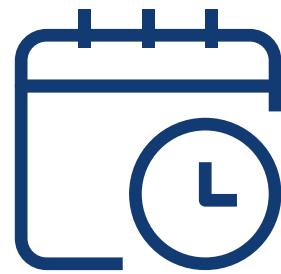
**If necessary,**  
technical  
amendments

# Working with CHBRP

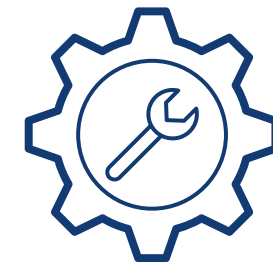
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Bill questionnaire  
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Period to submit  
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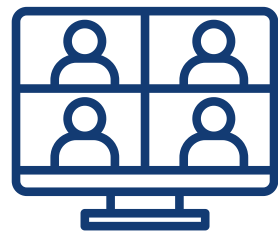


Briefing on analysis  
following  
completion



# Working with CHBRP

What products are published by CHBRP for each bill?



Bill  
analysis



Key findings: a  
short  
summary of  
the analysis



Infographic /  
fact sheet  
about findings



# **Other Publications**

# CHBRP Publications

Select Level

1



2

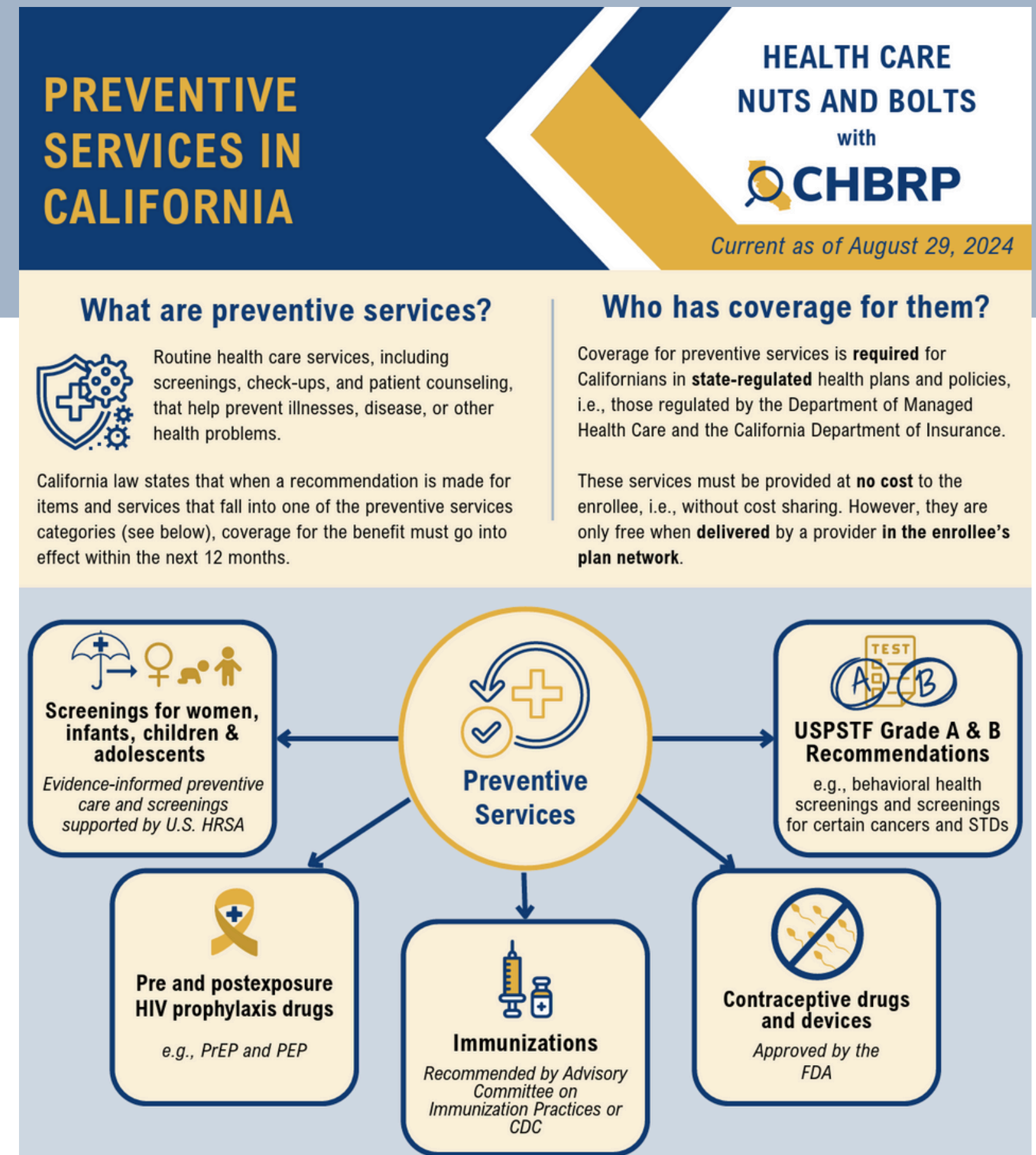


3



# Level 1: Glossary & Nuts and Bolts

- [Glossary](#): key insurance terms
- [Nuts and Bolts](#): High-level snapshot, 1-2 pages
  - Proposed 2027 Essential Health Benefits
  - AB 144
  - State Health Alliances
  - HR1 Medicaid provisions timeline
  - Sources of health insurance in CA
  - Enrollee health care expenditures





## Level 2: Explainers

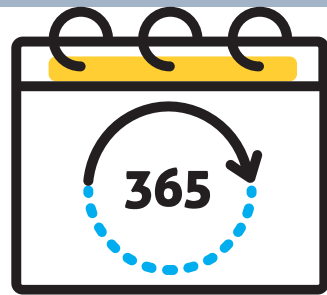


- Mid-length
- More background and definitions
- Often driven by topics discussed by Legislature

### Topics Covered

- Health Insurance in CA 101
- What is cost sharing?
- Utilization management
- OHCA
- Medi-Cal Rx
- Drug supply chain

## Level 3: Resources, Issue Briefs & Policy Snapshots



### Annual Resources

- Sources of health insurance in California
- Federal and CA preventive services benefit mandates
- Pharmacy benefit coverage
- Deductibles in state-regulated health insurance



### Issue Briefs & Policy Snapshots

- AI and healthcare in CA
- Outpatient prescription drug cost sharing
- Telehealth
- Medical necessity determination process

## Boss Level: New Topics



Can't find what you're looking for?

Have a topic suggestion for other publications?

Email us at [info@chbrp.org](mailto:info@chbrp.org)  
or find us on social media!

CHBRP  
Listserv



# Sign up for our listserv!



Stay in  
touch!





**Thank you!**  
**Any questions?**

