CHBRP

California Health Benefits Review Program: evidencebased analyses on a legislative timeline

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What is CHBRP?



Established in 2002 through Legislation



Receives requests from the Legislature



Independent, multi-disciplinary



Evidence-based information

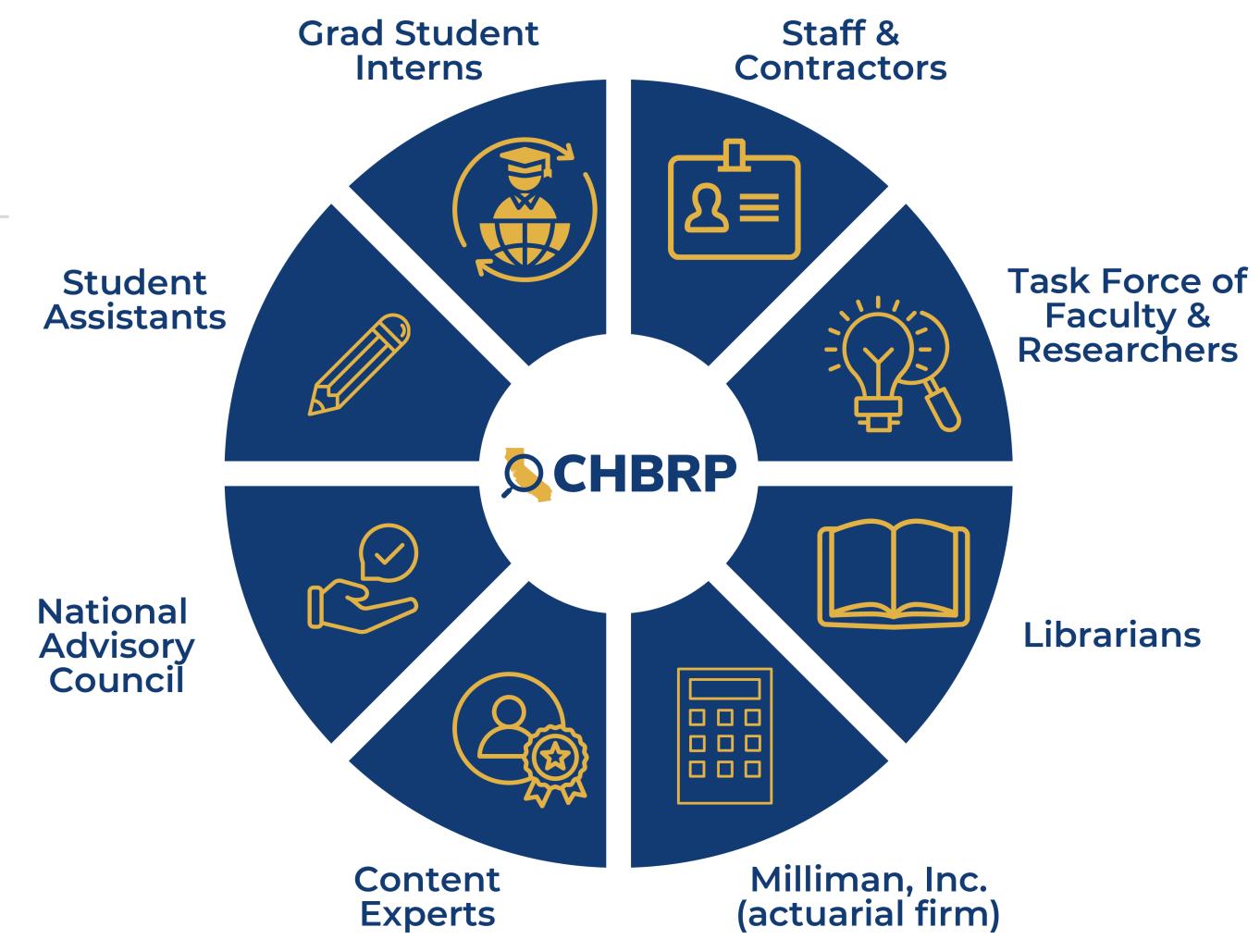


Neutral analysis, does not provide recommendations

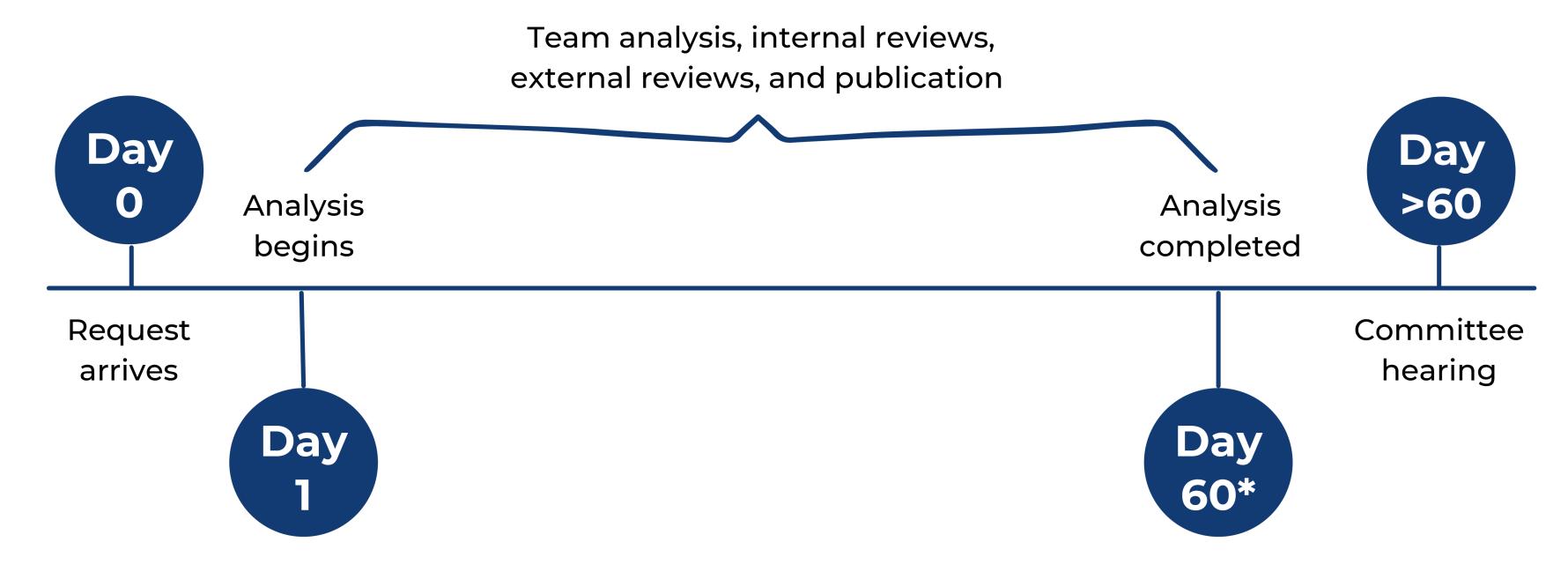


Resource on health insurance policy

Our Team



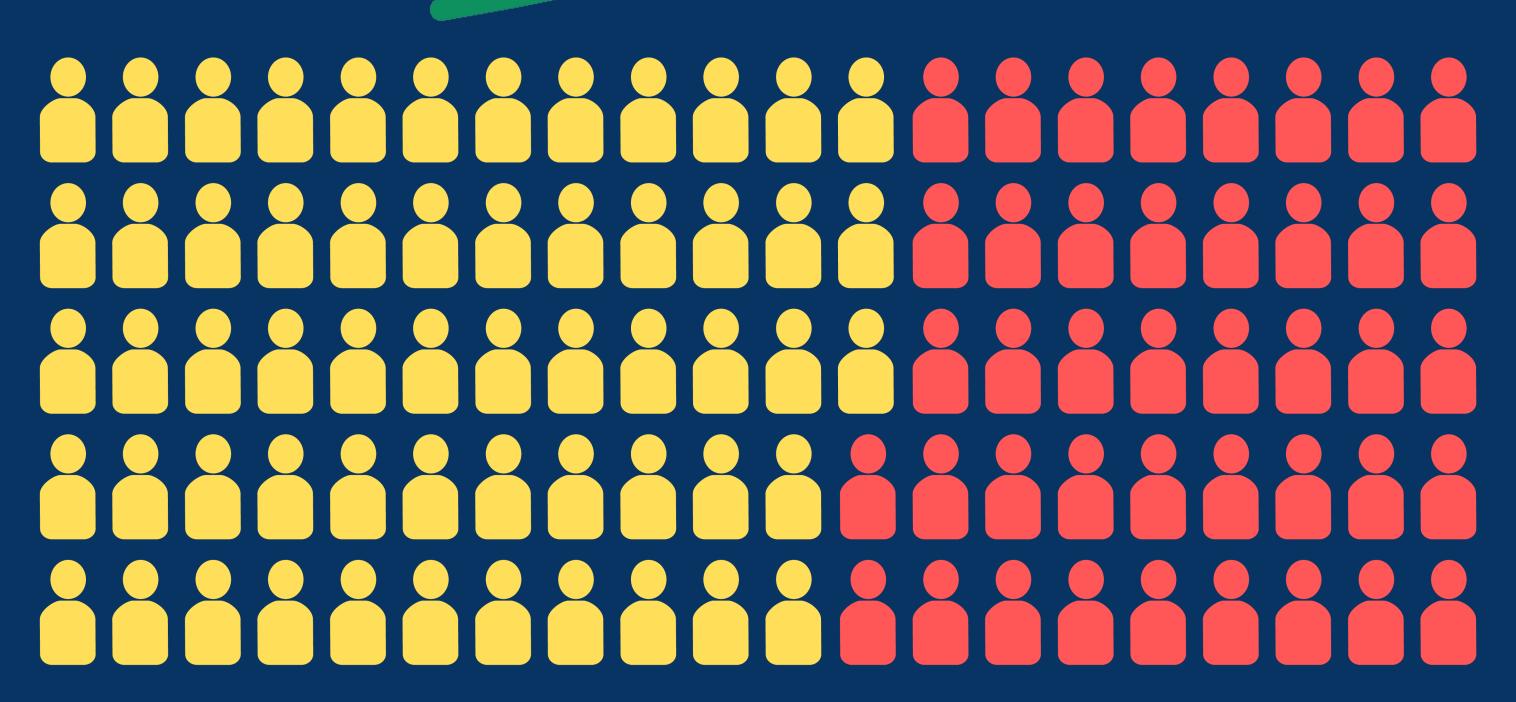
Timeline & How we work



^{*}Requests are sometimes asked to be completed in fewer than 60 days



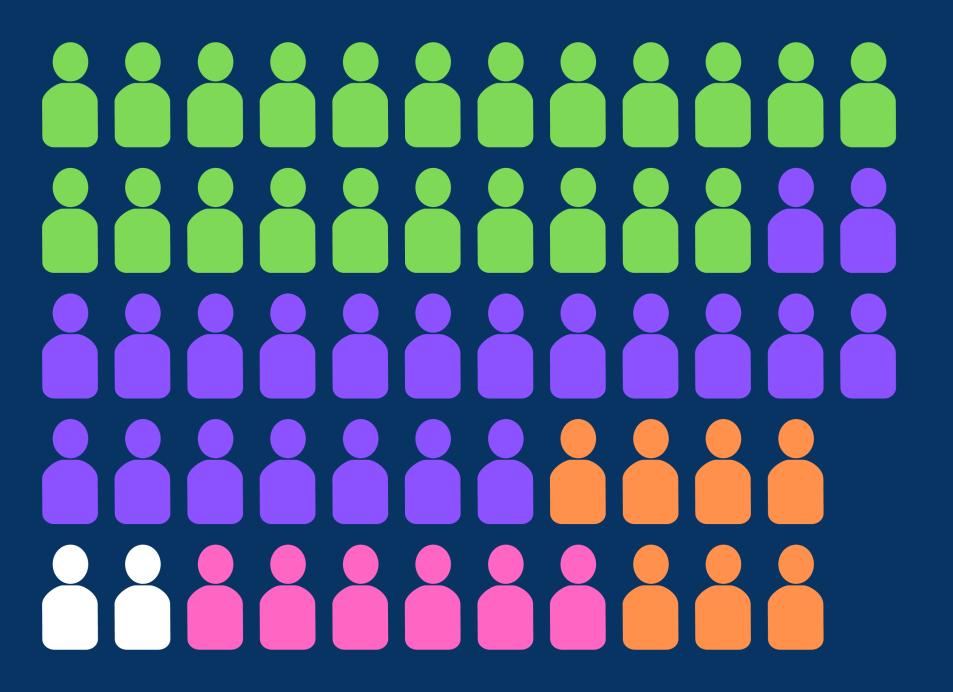
State-regulated Federally-regulated only



Large Group

Medi-Cal

CalPERS



Individual



Small Group



Health Benefit Mandates

Generally, they offer or provide coverage for the following:

Screening, test, or treatment of disease/condition

Example: requiring coverage for screening and treatment of breast cancer





Services from particular provider type

Example: requiring coverage for services from licensed acupuncturist

Type of treatment/services, medical equipment, supplies, or drugs

Example: requiring coverage of reconstructive surgery



But wait, there's more.







Healthcare Financing



Parity



Reimbursement

Rates



Etc.

In short, CHBRP may be asked to analyze any legislation related to health insurance.

(Some) Recent Analyses and Requests

2024

- AB 2467: Menopause
- AB 2668: Cranial prostheses
- AB 3059: Human milk
- SB 1180: Emergency medical services
- SB 1236: Medicare supplements

2025

- AB 298: Cost sharing
- AB 350: Fluoride treatments
- AB 546: Portable HEPA purifiers and filters
- SB 40: Insulin

Analyses

Policy Context & Background

- What health insurance would have to comply?
- Are related laws already in effect?

Medical Effectiveness

- Which services and treatments are most relevant?
- Does evidence indicate impact on outcomes?

Impacts

- Would benefit coverage utilization or <u>cost</u> change?
- Would the <u>public's</u> <u>health</u> change?

Is your bill CHBRP-bound?



Make sure to have a nicely baked bill



Check in with the health committee



Check out our website for previous bills, resources, and other publications: www.chbrp.org

What happens when your bills go to CHBRP?



Bill questionnaire and meeting with CHBRP staff



Period to submit additional information



CHBRP confirms
interpretation of
language with
regulators (DMHC, CDI,
DHCS)



If necessary, technical amendments



Briefing on analysis following completion

What products are published by CHBRP for each bill?



Bill analysis



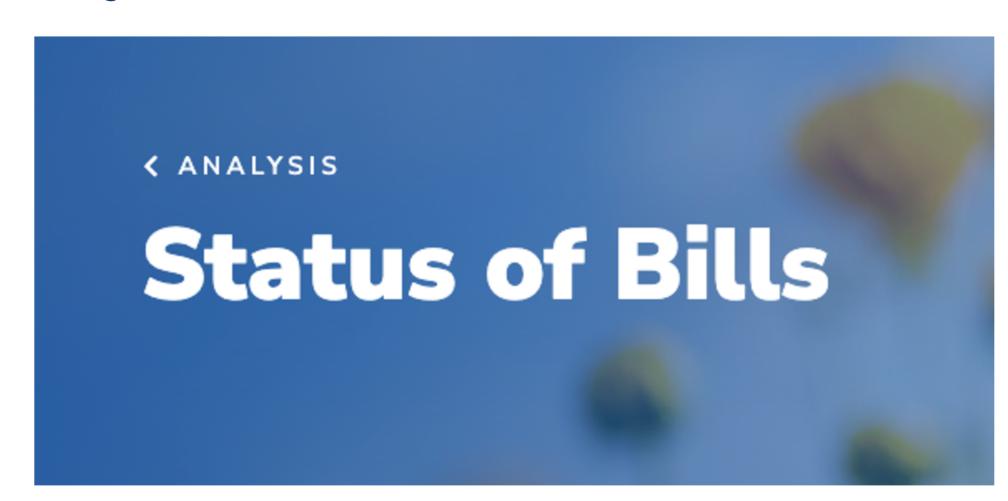
Key findings:
a short
summary of
the analysis



Infographic /
fact sheet
about findings

How long are CHBRP analyses relevant?

Almost always!





More than just analyses!

How can CHBRP be helpful?

Do you have an idea for a publication?









Resources

Annually updated publications with key information:

- Sources of Health Insurance
- Pharmacy Benefits
- California and Federal Mandates

Explainers

Short documents exploring key issue areas:

- Health Insurance 101
- What is Cost Sharing?
- Network Adequacy

Nuts and Bolts

Easy to read infographics:

- Enrollee Health Care Expenditures
- Essential Health Benefits
- Pharmacy Benefit Managers

Sign up for our listserv!





















FUNDAMENTALS OF CALIFORNIA HEALTH INSURANCE

FEBRUARY 27, 2025 1 PM on zoom

Registration info available soon!

Thank you! Any questions?



How did we do?

Let us know using the survey linked below

