In order to prepare for the next legislative session, the California Health Benefits Review Program (CHBRP) has created this document to identify potential overlap between the federal benefit mandate requiring coverage of some preventive services and California state benefit mandates. As indicated in federal\(^1\) and California state\(^2\) law, new (“non-grandfathered”) group and individual health insurance plans and policies must cover certain preventive services \textit{without cost-sharing when delivered by in-network providers} and \textit{as soon as 12 months after a recommendation} appears in any of the following:

- The United States Preventive Services Task Force (USPSTF) A and B recommendations\(^3\)
- The Health Resources and Services Administration (HRSA)-supported health plan coverage guidelines for women’s preventive services\(^4\)
- The HRSA-supported comprehensive guidelines for infants, children, and adolescents, which include:
  - The \textit{Bright Futures} Recommendations for Pediatric Preventive Health Care\(^5\), and
  - The recommendations of the Secretary’s Advisory Committee on Heritable Disorders in Newborns and Children\(^6\)
- The Advisory Committee on Immunization Practices (ACIP) recommendations that have been adopted by the Director of the Centers for Disease Control and Prevention (CDC)\(^7\)

\(^1\) Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act.
\(^3\) USPSTF created a concise document summarizing its A and B recommendations (last updated in August 2010), available at: http://www.uspreventiveservicestaskforce.org/uspstf/uspsabrecs.htm. However, for this resource CHBRP consulted USPSTF’s A-Z Topic Guide because up-to-date summaries of recommendations are available through links on that webpage: http://www.uspreventiveservicestaskforce.org/uspstopics.htm.
\(^4\) Available at: http://www.healthcare.gov/law/resources/regulations/womensprevention.html.
\(^5\) Available at: http://brightfutures.aap.org/pdfs/AAP%20Bright%20Futures%20Periodicity%20Sched%202011107.pdf.
This resource has been prepared by CHBRP, which responds to requests from the California Legislature to provide independent analysis of the medical, financial, and public health impacts of proposed health insurance benefit mandates and repeals. The current version of this document presents the overlap between California state benefit mandates\(^8\) and, in Table 1, the federal requirement that preventive services or treatments rated A or B by the USPSTF be covered by health plans or policies.\(^9\) Table 2 presents the state benefit mandates and the federal requirements that relate to HRSA-supported health plan coverage guidelines for women’s preventive services.\(^10\) A detailed description of the methods CHBRP used to produce the interplay of state and federal requirements can be found at the end of this document in Appendix A. Future versions of this document will similarly present ACIP recommendations and HRSA-supported comprehensive guidelines for infants, children, and adolescents. This resource supplements another CHBRP publication: Health Insurance Benefit Mandates in California State and Federal Law.\(^11\)

This resource is arranged as follows:

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<td>Table 1. Federal Health Insurance Benefit Mandates as Defined by Reference to USPSTF A and B Recommendations &amp; Related Mandates in California State Law</td>
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<td>27</td>
<td>Table 2. Federal Health Insurance Benefit Mandates as Defined by Reference to HRSA-Supported Health Plan Coverage Guidelines for Women’s Preventive Services &amp; Related Mandates in California State Law</td>
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| “Catch-up immunization schedule for persons aged 4 months through 18 years who start late or are more than 1 month behind—United States, 2012” available at: [http://www.cdc.gov/vaccines/schedules/downloads/child/catchup-schedule-pr.pdf](http://www.cdc.gov/vaccines/schedules/downloads/child/catchup-schedule-pr.pdf). |

\(^8\) CHBRP maintains a list of benefit mandates current in California, available at: [http://www.chbrp.org/publications.html](http://www.chbrp.org/publications.html).

\(^9\) Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act.

\(^10\) Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act.

\(^11\) Available at: [http://chbrp.org/publications.html](http://chbrp.org/publications.html).
METHODS

For Table 1, CHBRP reviewed California’s Health and Safety Code (H&SC) and the California Insurance Code (IC) to identify state benefit mandates that seemed to overlap with the tests, treatments, or services partially or fully addressed by one or more USPSTF recommendation. Where there appears to be overlap, the relevant H&SC and IC are listed in the “Related Health Insurance Benefit Mandate(s) in California State Law” column in Table 1. If there does not appear to be overlap, “None identified” appears in that column. CHBRP defines benefit mandates as per its authorizing statute. Therefore, the listed mandates fall into one or more of the following categories: (a) offer or provide coverage for the screening, diagnosis, or treatment of specific diseases or conditions; (b) offer or provide coverage for types of health care treatments or services, including coverage of medical equipment, supplies, or drugs used in a treatment or service; and/or (c) offer or provide coverage permitting treatment or services from a specific type of health care provider. Listed mandates also include those that (d) specify terms (limits, timeframes, copayments, deductibles, coinsurance, etc.) for any of the other categories.

USPSTF created a concise document summarizing its A and B recommendations (last updated in August 2010). However, for this resource CHBRP consulted USPSTF’s A-Z Topic Guide because up-to-date summaries of recommendations are available through links on that webpage. Links to these summaries of recommendations are presented in Table 1. In a couple instances, upon recommendation by the CHBRP Faculty Task Force, the related USPSTF Recommendation Statement was consulted for detail or clarification; these cases are indicated with a footnote.

Table 1 is organized alphabetically by the condition or disease addressed by a USPSTF recommendation. The columns in Table 1 also indicate the specified test, treatment, or service, and any specified sex, age, or other characteristics of eligible enrollees. Blanks in these columns indicate that the USPSTF recommendation was not specific. It should be noted that USPSTF often does not define specific age groups, but rather makes recommendations for “children,” “adolescents,” or “adults.” The next column identifies specified terms of coverage. For clarity, the terms specified by the federal preventive services benefit mandate are always included and are in italics; the terms are “without cost-sharing when in-network” and “as soon as 12 months after recommendation release.” When the USPSTF recommendation seems to imply terms (e.g., frequency of event) which could affect the terms of benefit coverage, these are listed in the same column, without italics.

The same methods were used for Table 2, except that the H&SC and IC were reviewed to identify overlap with HRSA-supported health plan coverage guidelines for women’s preventive services, developed by the Institute of Medicine (IOM).

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12 Available at: http://chbrp.org/documents/authorizing_statute.pdf.
14 Available at: http://www.uspreventiveservicestaskforce.org/uspstopics.htm.
<table>
<thead>
<tr>
<th>#</th>
<th>Condition or Disease</th>
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<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law</th>
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<tbody>
<tr>
<td>1</td>
<td>Abdominal aortic aneurysm (AAA)</td>
<td>Ultrasonography</td>
<td>Men</td>
<td>65-75 who have ever smoked</td>
<td>Without cost-sharing when in-network.  &lt;br&gt;As soon as 12 months after recommendation release.  &lt;br&gt;One-time.</td>
<td>Screening for Abdominal Aortic Aneurysm  <a href="http://www.uspreventiveservicestaskforce.org/uspstf/uspsaneu.htm">http://www.uspreventiveservicestaskforce.org/.uspstf/uspsaneu.htm</a>  &lt;br&gt;(February 2005)  &lt;br&gt;Grade: B</td>
</tr>
</tbody>
</table>

15 Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act.
16 For brevity, CHBRP has not listed in each row the California mandate (H&SC 1367.002 & IC 10112.2) which requires compliance with federal laws and regulations requiring coverage of preventive services without cost-sharing (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act).
17 CHBRP is aware that state regulation may also require benefit coverage, but is focusing this resource on health insurance benefit mandate laws.
18 Unless otherwise noted, the links listed below were accessed on or before 10/12/12.
19 Unless otherwise noted, the mandates listed below were reviewed on or before 11/15/12.
20 *Italicized terms* are explicit in the federal law (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act). *Non-italicized terms* of benefit coverage are implied by the referenced recommendation.
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<th>Terms</th>
<th>USPSTF A or B Recommendation</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law</th>
</tr>
</thead>
</table>
| 2  | Alcohol misuse       | Screening and behavioral counseling interventions | Adults, including pregnant women | Adults, including pregnant women | Without cost-sharing when in-network.  
 As soon as 12 months after recommendation release.  
 When delivered in primary care settings. | Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse  
 Grade: B | Alcoholism treatment:  
 H&SC 1367.2(a)  
 IC 10123.6  
 Nicotine or chemical dependency treatment in licensed alcoholism or chemical dependency facilities:  
 H&SC 1367.2(b)  
 IC 10123.6  
 Maternity services:  
 IC 10123.865  
 IC 10123.866 |
| 3  | Anemia               | Routine iron supplementation | Children aged 6-12 months who are asymptomatic and at increased risk for iron deficiency anemia | Without cost-sharing when in-network.  
 As soon as 12 months after recommendation release. | Screening for Iron Deficiency Anemia  
 Grade: B | Comprehensive preventive care for children aged 16 years or younger:  
 H&SC 1367.35  
 IC 10123.5 |
| 4  | Anemia               | Routine screening for iron deficiency anemia | Pregnant women who are asymptomatic | Without cost-sharing when in-network.  
 As soon as 12 months after recommendation release. | Screening for Iron Deficiency Anemia  
 Grade: B | Maternity services:  
 IC 10123.865  
 IC 10123.866 |
<table>
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<th>Specified Age/Other</th>
<th>Terms¹⁰</th>
<th>USPSTF A or B Recommendation¹⁰</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law¹⁹</th>
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<tr>
<td>5</td>
<td>Bacteriuria</td>
<td>Urine culture for asymptomatic pregnant women at 12 to 16 weeks’ gestation or at the first prenatal visit, if later</td>
<td>Pregnant women who are asymptomatic, at 12 to 16 weeks’ gestation or at the first prenatal visit, if later</td>
<td>Without cost-sharing when in-network.</td>
<td>Screening of Asymptomatic Bacteriuria <a href="http://www.uspreventiveservicestaskforce.org/uspsbact.htm">http://www.uspreventiveservicestaskforce.org/uspsbact.htm</a> (July 2008)</td>
<td>Grade: A</td>
<td>Maternity services: IC 10123.865 IC 10123.866</td>
</tr>
<tr>
<td>6</td>
<td>Breast cancer</td>
<td>Genetic counseling and evaluation for BRCA testing</td>
<td>Women when family history is associated with an increased risk for deleterious mutations in BRCA1 or BRCA2 genes</td>
<td>Without cost-sharing when in-network.</td>
<td>Genetic Risk Assessment and BRCA Mutation Testing for Breast and Ovarian Cancer Susceptibility <a href="http://www.uspreventiveservicestaskforce.org/uspsbbrgen.htm">http://www.uspreventiveservicestaskforce.org/uspsbbrgen.htm</a> (September 2005)</td>
<td>Grade: B</td>
<td>Breast cancer screening, diagnosis, and treatment: H&amp;SC 1367.6 IC 10123.8</td>
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</table>

¹⁰Terms: Without cost-sharing when in-network. As soon as 12 months after recommendation release.
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<th>Terms[^10]</th>
<th>USPSTF A or B Recommendation[^10]</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law[^19]</th>
</tr>
</thead>
</table>
| 8  | Breast cancer        | Screening mammography, with or without clinical breast examination | Women              | 40 and older       | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release.  
Every 1 to 2 years. | Screening for Breast Cancer (2002)  
(September 2002)*  
Grade: B | Mammography:  
H&SC 1367.65  
IC 10123.81  
Breast cancer screening, diagnosis, and treatment:  
H&SC 1367.6  
IC 10123.8  
Cancer screening tests:  
H&SC 1367.665  
IC 10123.20 |
| 9  | Cardiovascular disease (CVD) | Aspirin | Men            | 45-79 when potential benefit due to a reduction in myocardial infarctions outweighs potential harm due to an increase in gastrointestinal hemorrhage | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Aspirin for the Prevention of Cardiovascular Disease  
http://www.uspreventiveservicestaskforce.org/uspsasmi.htm  
(March 2009)  
Grade: A | None identified |
<table>
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<tr>
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<th>Federal Mandates as Specified by Reference to USPSTF</th>
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<td><strong>Specified Age/Other</strong></td>
<td><strong>Terms¹⁰</strong></td>
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</table>
| 10 | Cardiovascular disease (CVD) | Aspirin | Women | 55-79 when potential benefit of a reduction in ischemic strokes outweighs potential harm of an increase in gastrointestinal hemorrhage | Without cost-sharing when in-network.  
*As soon as 12 months after recommendation release.* | Aspirin for the Prevention of Cardiovascular Disease [http://www.uspreventiveservicestaskforce.org/uspstf/uspsasmi.htm](http://www.uspreventiveservicestaskforce.org/uspstf/uspsasmi.htm) (March 2009)  
Grade: A | None identified |
| 11 | Cardiovascular and diet-related chronic disease | Intensive behavioral dietary counseling | Adults with hyperlipidemia and other known risk factors for cardiovascular and diet-related chronic disease | Without cost-sharing when in-network.  
*As soon as 12 months after recommendation release.*  
Intensive counseling can be delivered by primary care clinicians or by referral to other specialists, such as nutritionists or dietitians. | Behavioral Counseling in Primary Care to Promote a Healthy Diet in Adults at Increased Risk for Cardiovascular Disease [http://www.uspreventiveservicestaskforce.org/uspstf/uspsdiet.htm](http://www.uspreventiveservicestaskforce.org/uspstf/uspsdiet.htm) (January 2003)  
Grade: B | None identified |
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<th>Terms&lt;sup&gt;10&lt;/sup&gt;</th>
<th>USPSTF A or B Recommendation&lt;sup&gt;16&lt;/sup&gt;</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law&lt;sup&gt;19&lt;/sup&gt;</th>
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</table>
| 12 | Cervical cancer      | Cytology (Pap smear)        | Women               | 21-65               | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release.  
Every 3 years. | Screening for Cervical Cancer  
Grade: A | Cancer screening tests:  
H&SC 1367.665  
IC 10123.20 |
| 13 | Cervical cancer      | Cytology and human papillomavirus (HPV) testing | Women | 30-65 who want to lengthen screening interval | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release.  
Every 5 years. | Screening for Cervical Cancer  
Grade: A | Cancer screening tests:  
H&SC 1367.665  
IC 10123.20 |
| 14 | Chlamydial infection | Screening                   | Non-pregnant women  | 24 and younger who are sexually active | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Chlamydial Infection  
Grade: A | Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5  
Comprehensive preventive care for children aged 17 and 18 years:  
H&SC 1367.3  
IC 10123.55 |
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<th>Terms[^10]</th>
<th>USPSTF A or B Recommendation[^10]</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law[^19]</th>
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</table>
| 15 | Chlamydial infection   | Screening                  | Non-pregnant women  | 25 and older who are at increased risk | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Chlamydial Infection  
http://www.uspreventiveservicestaskforce.org/uspschlm.htm  
(June 2007)  
Grade: A | None identified |
| 16 | Chlamydial infection   | Screening                  | Pregnant women      | 24 and younger      | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Chlamydial Infection  
http://www.uspreventiveservicestaskforce.org/uspschlm.htm  
(June 2007)  
Grade: B | Maternity services:  
IC 10123.865  
IC 10123.866  
Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5  
Comprehensive preventive care for children aged 17 and 18 years:  
H&SC 1367.3  
IC 10123.55 |
| 17 | Chlamydial infection   | Screening                  | Pregnant women      | 25 and older who are at increased risk | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Chlamydial Infection  
http://www.uspreventiveservicestaskforce.org/uspschlm.htm  
(June 2007)  
Grade: B | Maternity services:  
IC 10123.865  
IC 10123.866 |
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| 18 | Colorectal cancer (CRC)                       | Fecal occult blood testing, sigmoidoscopy, or colonoscopy |                      | 50-75               |       | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release.  
Fecal occult blood testing (FOBT) annually, sigmoidoscopy every 5 years with every 3 year FOBT, or colonoscopy every 10 years. | Screening for Colorectal Cancer [http://www.uspreventiveservicestaskforce.org/uspstf/uspscolo.htm](http://www.uspreventiveservicestaskforce.org/uspstf/uspscolo.htm) (October 2008)  
Grade: A | Cancer screening tests:  
H&SC 1367.665  
IC 10123.20 |

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21 The frequency for these tests is not mentioned in the Summary of Recommendations; however it is included in the Recommendation Statement available at: [http://www.uspreventiveservicestaskforce.org/uspstf08/colocancer/colors.pdf](http://www.uspreventiveservicestaskforce.org/uspstf08/colocancer/colors.pdf).
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<tr>
<td>20</td>
<td>Depression</td>
<td>Screening for major depressive disorder (MDD)</td>
<td>12-18</td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release. When systems are in place to ensure accurate diagnosis, psychotherapy (cognitive-behavioral or interpersonal), and follow-up.</td>
<td>Major Depressive Disorder in Children and Adolescents <a href="http://www.uspreventiveservicestaskforce.org/uspstf/uspschdepr.htm">http://www.uspreventiveservicestaskforce.org/uspstf/uspschdepr.htm</a> (March 2009) Grade: B</td>
<td>Comprehensive preventive care for children aged 16 years or younger: H&amp;SC 1367.35 IC 10123.5 Comprehensive preventive care for children aged 17 and 18 years: H&amp;SC 1367.3 IC 10123.55</td>
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<td>USPSTF A or B Recommendation&lt;sup&gt;10&lt;/sup&gt;</td>
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</table>
| 21 | Depression           | Screening                   | Adults              |                     | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release.  
When staff-assisted depression care supports are in place to assure accurate diagnosis, effective treatment, and follow-up. | Screening for Depression in Adults [http://www.uspreventiveservicestaskforce.org/uspstf/uspsaddepr.htm](http://www.uspreventiveservicestaskforce.org/uspstf/uspsaddepr.htm) (December 2009) Grade: B | None identified |
| 22 | Diabetes             | Screening for type 2 diabetes| Adults who are asymptomatic with sustained blood pressure greater than 135/80 mm Hg |                     | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Type 2 Diabetes Mellitus in Adults [http://www.uspreventiveservicestaskforce.org/uspstf/uspsdiab.htm](http://www.uspreventiveservicestaskforce.org/uspstf/uspsdiab.htm) (June 2008) Grade: B | None identified |
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<tr>
<td>23</td>
<td>Falls</td>
<td>Exercise or physical therapy and vitamin D supplementation</td>
<td>65 and older who are community-dwelling and at increased risk for falls</td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release.</td>
<td>Prevention of Falls in Community-Dwelling Older Adults [Provide link] (May 2012) Grade: B</td>
<td>None identified</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Gonorrhea</td>
<td>Screening</td>
<td>Women, including pregnant women, who are sexually active and at increased risk for infection</td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release.</td>
<td>Screening for Gonorrhea [Provide link] (May 2005) Grade: B</td>
<td>Maternity services: IC 10123.865 IC 10123.866</td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>Gonococcal ophthalmia neonatorum</td>
<td>Prophylactic ocular topical medication</td>
<td>Newborns</td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release.</td>
<td>Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum [Provide link] (July 2011) Grade: A</td>
<td>Maternity services: IC 10123.865 IC 10123.866 Comprehensive preventive care for children aged 16 years or younger: H&amp;SC 1367.35 IC 10123.5</td>
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<td>Related Health Insurance Benefit Mandate(s) in California State Law[^19]</td>
<td>USPSTF A or B Recommendation[^16]</td>
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</table>
| 26 | Hearing loss         | Screening                   | Newborns            |                     | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Universal Screening for Hearing Loss in Newborns  
[http://www.uspreventiveservicestaskforce.org/uspstf/uspsnbhr.htm](http://www.uspreventiveservicestaskforce.org/uspstf/uspsnbhr.htm)  
(July 2008)  
Grade: B | Maternity services:  
IC 10123.865  
IC 10123.866  
Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5 |
| 27 | Hepatitis B virus (HBV) infection | Screening | Pregnant women |                     | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release.  
At first prenatal visit. | Screening for Hepatitis B Virus Infection in Pregnancy  
[http://www.uspreventiveservicestaskforce.org/uspstf/uspshepbpg.htm](http://www.uspreventiveservicestaskforce.org/uspstf/uspshepbpg.htm)  
(June 2009)  
Grade: A | Maternity services:  
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IC 10123.866 |
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<th>Test, Treatment, or Service</th>
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<th>Specified Age/Other</th>
<th>Terms</th>
<th>USPSTF A or B Recommendation</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law</th>
</tr>
</thead>
</table>
| 28 | Human immunodeficiency virus (HIV)               | Screening                  | Adolescents at increased risk for HIV infection | Without cost-sharing when in-network. As soon as 12 months after recommendation release. | Screening for HIV [http://www.uspreventiv.eservicestaskforce.org/uspstf/uspshivi.htm](http://www.uspreventiv.eservicestaskforce.org/uspstf/uspshivi.htm) (July 2005) Grade: A | HIV testing: H&SC 1367.46 IC 10123.91 | Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35 IC 10123.5
|    |                                                 |                            |                     |                     |                                          |                             | Comprehensive preventive care for children aged 17 and 18 years: H&SC 1367.3 IC 10123.55 |
| 29 | Human immunodeficiency virus (HIV)               | Screening                  | Adults at increased risk for HIV infection | Without cost-sharing when in-network. As soon as 12 months after recommendation release. | Screening for HIV [http://www.uspreventiv.eservicestaskforce.org/uspstf/uspshivi.htm](http://www.uspreventiv.eservicestaskforce.org/uspstf/uspshivi.htm) (July 2005) Grade: A | HIV testing: H&SC 1367.46 IC 10123.91 | Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35 IC 10123.5
<p>|    |                                                 |                            |                     |                     |                                          |                             | Comprehensive preventive care for children aged 17 and 18 years: H&amp;SC 1367.3 IC 10123.55 |
| 30 | Hypertension                                     | Blood pressure screening   | 18 and older        | Without cost-sharing when in-network. As soon as 12 months after recommendation release. | Screening for High Blood Pressure in Adults [<a href="http://www.uspreventiv.eservicestaskforce.org/uspstf/usphp">http://www.uspreventiv.eservicestaskforce.org/uspstf/usphp</a> hype.htm](<a href="http://www.uspreventiv.eservicestaskforce.org/uspstf/usphp">http://www.uspreventiv.eservicestaskforce.org/uspstf/usphp</a> hype.htm) (December 2007) Grade: A | Comprehensive preventive care for children aged 17 and 18 years: H&amp;SC 1367.3 IC 10123.55 |</p>
<table>
<thead>
<tr>
<th>#</th>
<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms&lt;sup&gt;10&lt;/sup&gt;</th>
<th>USPSTF A or B Recommendation&lt;sup&gt;10&lt;/sup&gt;</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law&lt;sup&gt;19&lt;/sup&gt;</th>
</tr>
</thead>
</table>
| 31 | Hypothyroidism      | Screening for congenital hypothyroidism (CH) | Newborns           |                    | Without cost-sharing when in-network.  
  As soon as 12 months after recommendation release. | Screening for Congenital Hypothyroidism  
http://www.uspreventiveservicestaskforce.org/uspsf/uspscghy.htm  
(March 2008)  
Grade: A | Maternity services:  
IC 10123.865  
IC 10123.866  
Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5 |
| 32 | Lipid disorders     | Screening                    | Men                 | 20-35 at increased risk for coronary heart disease | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Lipid Disorders in Adults  
http://www.uspreventiveservicestaskforce.org/uspsf/uspschol.htm  
(June 2008)  
Grade: B | None identified |
| 33 | Lipid disorders     | Screening                    | Men                 | 35 and older       | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Lipid Disorders in Adults  
http://www.uspreventiveservicestaskforce.org/uspsf/uspschol.htm  
(June 2008)  
Grade: A | None identified |
<table>
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<tr>
<th>#</th>
<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law</th>
</tr>
</thead>
</table>
| 34 | Lipid disorders      | Screening                   | Women               | 20-45 at increased risk for coronary heart disease | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Lipid Disorders in Adults [http://www.uspreventiveservicestaskforce.org/uspschol.htm](http://www.uspreventiveservicestaskforce.org/uspschol.htm)  
(June 2008)  
Grade: B | None identified |
| 35 | Lipid disorders      | Screening                   | Women               | 45 and older at increased risk for coronary heart disease | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Lipid Disorders in Adults [http://www.uspreventiveservicestaskforce.org/uspschol.htm](http://www.uspreventiveservicestaskforce.org/uspschol.htm)  
(June 2008)  
Grade: A | None identified |
| 36 | Obesity              | Screening                   | Children 6 and older | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Obesity in Children and Adolescents [http://www.uspreventiveservicestaskforce.org/uspschobes.htm](http://www.uspreventiveservicestaskforce.org/uspschobes.htm)  
(January 2010)  
Grade: B | Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35  
IC 10123.5 |
<table>
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<tr>
<th>#</th>
<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms</th>
<th>USPSTF A or B Recommendation</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law</th>
</tr>
</thead>
<tbody>
<tr>
<td>37</td>
<td>Obesity</td>
<td>Comprehensive, intensive behavioral interventions</td>
<td>Children and adolescents 6 and older&lt;sup&gt;22&lt;/sup&gt;</td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release.</td>
<td>Screening for Obesity in Children and Adolescents <a href="http://www.uspreventiveservicestaskforce.org/uspsf/uspschobes.htm">http://www.uspreventiveservicestaskforce.org/uspsf/uspschobes.htm</a> (January 2010) Grade: B</td>
<td>Comprehensive preventive care for children aged 16 years or younger: H&amp;SC 1367.35 IC 10123.5</td>
<td></td>
</tr>
<tr>
<td>38</td>
<td>Obesity</td>
<td>Screening</td>
<td>Adults</td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release.</td>
<td>Screening for and Management of Obesity in Adults <a href="http://www.uspreventiveservicestaskforce.org/uspsf/uspsobes.htm">http://www.uspreventiveservicestaskforce.org/uspsf/uspsobes.htm</a> (June 2012) Grade: B</td>
<td>None identified</td>
<td></td>
</tr>
<tr>
<td>39</td>
<td>Obesity</td>
<td>Intensive, multicomponent behavioral interventions</td>
<td>Adults with body mass index (BMI) of 30 kg/m² or higher</td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release.</td>
<td>Screening for and Management of Obesity in Adults <a href="http://www.uspreventiveservicestaskforce.org/uspsf/uspsobes.htm">http://www.uspreventiveservicestaskforce.org/uspsf/uspsobes.htm</a> (June 2012) Grade: B</td>
<td>None identified</td>
<td></td>
</tr>
</tbody>
</table>

<sup>22</sup> The Summary Recommendation does not define obesity. Obesity is defined in the Recommendation Statement “as having a BMI at >95<sup>th</sup> percentile for age and gender”, but the recommendation is not explicitly restricted to obese children and adolescents. The Recommendation Statement is available at: [http://www.uspreventiveservicestaskforce.org/uspsf10/childobes/chobesrs.htm](http://www.uspreventiveservicestaskforce.org/uspsf10/childobes/chobesrs.htm).
<table>
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<tr>
<th>#</th>
<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms[^b]</th>
<th>USPSTF A or B Recommendation[^a]</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law[^a]</th>
</tr>
</thead>
<tbody>
<tr>
<td>40</td>
<td>Osteoporosis</td>
<td>Screening</td>
<td>Women</td>
<td>Younger than 65 whose fracture risk is equal to or greater than that of a 65-year-old white woman who has no additional risk factors</td>
<td>Without cost-sharing when in-network.</td>
<td>Screening for Osteoporosis <a href="http://www.uspreventiveservicestaskforce.org/uspsost.htm">http://www.uspreventiveservicestaskforce.org/uspsost.htm</a> (January 2011) Grade: B</td>
<td>Osteoporosis: H&amp;SC 1367.67 IC 10123.185</td>
</tr>
<tr>
<td>42</td>
<td>Ovarian cancer</td>
<td>Genetic counseling and evaluation for BRCA testing</td>
<td>Women</td>
<td>When family history is associated with an increased risk for deleterious mutations in BRCA1 or BRCA2 genes</td>
<td>Without cost-sharing when in-network.</td>
<td>Genetic Risk Assessment and BRCA Mutation Testing for Breast and Ovarian Cancer Susceptibility <a href="http://www.uspreventiveservicestaskforce.org/uspsbrgen.htm">http://www.uspreventiveservicestaskforce.org/uspsbrgen.htm</a> (September 2005) Grade: B</td>
<td>Cancer screening tests: H&amp;SC 1367.665 IC 10123.20</td>
</tr>
<tr>
<td>#</td>
<td>Condition or Disease</td>
<td>Test, Treatment, or Service</td>
<td>Specified Sex/Other</td>
<td>Specified Age/Other</td>
<td>Terms(^{10})</td>
<td>USPSTF A or B Recommendation(^{16})</td>
<td>Related Health Insurance Benefit Mandate(s) in California State Law(^{19})</td>
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</tr>
</tbody>
</table>
| 43 | Phenylketonuria (PKU)     | Screening                   | Newborns            |                     | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Phenylketonuria (PKU)  
http://www.uspreventiveservicestaskforce.org/uspssf/uspsspku.htm  
(March 2008)  
Grade: A | Phenylketonuria:  
H&SC 1374.56  
IC 10123.89  
Maternity services:  
IC 10123.865  
IC 10123.866  
Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5 |
| 44 | Pregnancy                | Interventions to promote and support breastfeeding | Pregnant women and after birth |                     | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Primary Care Interventions to Promote Breastfeeding  
http://www.uspreventiveservicestaskforce.org/uspssf/uspsbrfd.htm  
(October 2008)  
Grade: B | Maternity services:  
IC 10123.865  
IC 10123.866  
Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5 |
<table>
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<th>Specified Age/Other</th>
<th>Terms[^10]</th>
<th>USPSTF A or B Recommendation[^10]</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law[^19]</th>
</tr>
</thead>
<tbody>
<tr>
<td>45</td>
<td>Pregnancy</td>
<td>Folic acid supplementation</td>
<td>Women who are planning or are capable of pregnancy</td>
<td></td>
<td><em>Without cost-sharing when in-network.</em>&lt;br&gt;As soon as 12 months after recommendation release.<em>&lt;br&gt;Daily supplement containing 0.4 to 0.8 mg (400 to 800 µg) of folic acid.</em></td>
<td>Folic Acid to Prevent Neural Tube Defects <a href="http://www.uspreventiveservicestaskforce.org/uspsf/uspsnrfol.htm">http://www.uspreventiveservicestaskforce.org/uspsf/uspsnrfol.htm</a> (May 2009)&lt;br&gt;Grade: A</td>
<td>Maternity services: IC 10123.865 IC 10123.866</td>
</tr>
<tr>
<td>46</td>
<td>Pregnancy</td>
<td>Rh (D) blood typing and antibody testing</td>
<td>Pregnant women</td>
<td></td>
<td><em>Without cost-sharing when in-network.</em>&lt;br&gt;As soon as 12 months after recommendation release.<em>&lt;br&gt;During first visit for pregnancy-related care.</em></td>
<td>Screening for Rh (D) Incompatibility <a href="http://www.uspreventiveservicestaskforce.org/uspsf/uspsdrhi.htm">http://www.uspreventiveservicestaskforce.org/uspsf/uspsdrhi.htm</a> (February 2004)&lt;br&gt;Grade: A</td>
<td>Maternity services: IC 10123.865 IC 10123.866</td>
</tr>
<tr>
<td>#</td>
<td>Condition or Disease</td>
<td>Test, Treatment, or Service</td>
<td>Specified Sex/Other</td>
<td>Specified Age/Other</td>
<td>Terms&lt;sup&gt;10&lt;/sup&gt;</td>
<td>USPSTF A or B Recommendation&lt;sup&gt;10&lt;/sup&gt;</td>
<td>Related Health Insurance Benefit Mandate(s) in California State Law&lt;sup&gt;19&lt;/sup&gt;</td>
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</tr>
</tbody>
</table>
| 47 | Pregnancy            | Repeated Rh (D) antibody testing | Pregnant women who are unsensitized Rh (D)-negative at 24-28 weeks’ gestation, unless the biological father is known to be Rh (D)-negative | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Rh (D) Incompatibility [http://www.uspreventiveservicestaskforce.org/uspsf/uspsdrhi.htm](http://www.uspreventiveservicestaskforce.org/uspsf/uspsdrhi.htm) (February 2004)  
Grade: B | Maternity services:  
IC 10123.865  
IC 10123.866 |
| 48 | Sexually transmitted infections (STIs) | High-intensity behavioral counseling | Adolescents who are sexually active | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Behavioral Counseling to Prevent Sexually Transmitted Infections [http://www.uspreventiveservicestaskforce.org/uspsf/uspsstds.htm](http://www.uspreventiveservicestaskforce.org/uspsf/uspsstds.htm) (October 2008)  
Grade: B | Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5  
Comprehensive preventive care for children aged 17 and 18 years:  
H&SC 1367.3  
IC 10123.55 |
| 49 | Sexually transmitted infections (STIs) | High-intensity behavioral counseling | Adults at increased risk for STIs | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Behavioral Counseling to Prevent Sexually Transmitted Infections [http://www.uspreventiveservicestaskforce.org/uspsf/uspsstds.htm](http://www.uspreventiveservicestaskforce.org/uspsf/uspsstds.htm) (October 2008)  
Grade: B | None identified |
<table>
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<tr>
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<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms[^10]</th>
<th>USPSTF A or B Recommendation[^16]</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law[^19]</th>
</tr>
</thead>
</table>
| 50 | Sickle cell disease  | Screening                  | Newborns            |                     | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Sickle Cell Disease in Newborns  
Grade: A | Maternity services:  
IC 10123.865  
IC 10123.866  
Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5 |
| 51 | Skin cancer          | Counseling about minimizing exposure to ultraviolet radiation to reduce risk for skin cancer | 10-24 who have fair skin |                     | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Behavioral Counseling to Prevent Skin Cancer  
Grade: B | Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5  
Comprehensive preventive care for children aged 17 and 18 years:  
H&SC 1367.3  
IC 10123.55 |
| 52 | Syphilis infection   | Screening                  | Persons at increased risk |                     | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Syphilis Infection  
Grade: A | None identified |
<table>
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<tr>
<th>#</th>
<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms[^2]</th>
<th>USPSTF A or B Recommendation[^1]</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law[^19]</th>
</tr>
</thead>
</table>
| 53 | Syphilis infection   | Screening                   | Pregnant women      |                    | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Screening for Syphilis Infection in Pregnancy  
http://www.uspreventiveservicestaskforce.org/uspstf/uspsysyphpg.htm  
(May 2009)  
Grade: A | Maternity services:  
IC 10123.865  
IC 10123.866 |
| 54 | Tobacco use          | Ask about tobacco use       | Pregnant women      |                    | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Counseling and Interventions to Prevent Tobacco Use and Tobacco-Caused Disease in Adults and Pregnant Women  
http://www.uspreventiveservicestaskforce.org/uspsft/uspsstbac2.htm  
(April 2009)  
Grade: A | Maternity services:  
IC 10123.865  
IC 10123.866 |
| 55 | Tobacco-caused disease | Augmented, pregnancy-tailored tobacco cessation counseling | Pregnant women who smoke |                    | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release. | Counseling and Interventions to Prevent Tobacco Use and Tobacco-Caused Disease in Adults and Pregnant Women  
http://www.uspreventiveservicestaskforce.org/uspsft/uspsstbac2.htm  
(April 2009)  
Grade: A | Maternity services:  
IC 10123.865  
IC 10123.866 |
<table>
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<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
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<th>Specified Age/Other</th>
<th>Terms&lt;sup&gt;10&lt;/sup&gt;</th>
<th>USPSTF A or B Recommendation&lt;sup&gt;16&lt;/sup&gt;</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law&lt;sup&gt;19&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td>56</td>
<td>Tobacco use</td>
<td>Ask about tobacco use</td>
<td>Adults</td>
<td></td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release.</td>
<td>Counseling and Interventions to Prevent Tobacco Use and Tobacco-Caused Disease in Adults and Pregnant Women <a href="http://www.uspreventiveservicestaskforce.org/uspstf/uspsbac2.htm">http://www.uspreventiveservicestaskforce.org/uspstf/uspsbac2.htm</a> (April 2009) Grade: A</td>
<td>None identified</td>
</tr>
<tr>
<td>57</td>
<td>Tobacco-caused disease</td>
<td>Tobacco cessation interventions</td>
<td>Adults using tobacco products</td>
<td></td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release.</td>
<td>Counseling and Interventions to Prevent Tobacco Use and Tobacco-Caused Disease in Adults and Pregnant Women <a href="http://www.uspreventitiveservicestaskforce.org/uspstf/uspsbac2.htm">http://www.uspreventiveservicestaskforce.org/uspstf/uspsbac2.htm</a> (April 2009) Grade: A</td>
<td>None identified</td>
</tr>
</tbody>
</table>
Table 2. Federal Health Insurance Benefit Mandates as Specified by Reference to HRSA-Supported Health Plan Coverage Guidelines for Women’s Preventive Services\textsuperscript{23} & Related Mandates in California State Law\textsuperscript{24,25}

<table>
<thead>
<tr>
<th>#</th>
<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms\textsuperscript{28}</th>
<th>HRSA-Supported Health Plan Coverage Guidelines for Women’s Preventive Services\textsuperscript{26}</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law\textsuperscript{27}</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Gestational diabetes</td>
<td>Screening</td>
<td>Pregnant women, between 24 and 28 weeks of gestation (or earlier for women at high risk for diabetes)</td>
<td></td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release.</td>
<td>Screening for gestational diabetes. <a href="http://www.hrsa.gov/womensguidelines/">http://www.hrsa.gov/womensguidelines/</a></td>
<td>Maternity services: IC 10123.865 IC 10123.866</td>
</tr>
</tbody>
</table>

\textsuperscript{23} Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act.

\textsuperscript{24} For brevity, CHBRP has not listed in each row the California mandate (H&SC 1367.002 & IC 10112.2) which requires compliance with federal laws and regulations requiring coverage of preventive services without cost-sharing (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act).

\textsuperscript{25} CHBRP is aware that state regulation may require benefit coverage, but is focusing this resource on health insurance benefit mandate laws.

\textsuperscript{26} Unless otherwise noted, the links listed below were accessed on or before 11/15/12.

\textsuperscript{27} Unless otherwise noted, the mandates listed below were reviewed on or before 11/15/12.

\textsuperscript{28} *Italicized terms* are explicit in the federal law (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act). Non-italicized terms of benefit coverage are implied by the referenced recommendation.
<table>
<thead>
<tr>
<th>#</th>
<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms</th>
<th>HRSA-Supported Health Plan Coverage Guidelines for Women’s Preventive Services</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law</th>
</tr>
</thead>
<tbody>
<tr>
<td>#</td>
<td>Condition or Disease</td>
<td>Test, Treatment, or Service</td>
<td>Specified Sex/Other</td>
<td>Specified Age/Other</td>
<td>Terms²⁸</td>
<td>HRSA-Supported Health Plan Coverage Guidelines for Women’s Preventive Services³⁶</td>
<td>Related Health Insurance Benefit Mandate(s) in California State Law²⁷</td>
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</tbody>
</table>
| 5  | Pregnancy            | Comprehensive lactation support and counseling, and breastfeeding equipment (rental) | Women, during pregnancy and/or in the postpartum period in conjunction with each birth |  | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release.  
When delivered by a trained provider. | Breastfeeding support, supplies, and counseling.  
http://www.hrsa.gov/womensguidelines/ | Maternity services:  
IC 10123.865  
IC 10123.866  
Comprehensive preventive care for children aged 16 years or younger:  
H&SC 1367.35  
IC 10123.5 |
| 6  | Contraception        | All Food and Drug Administration (FDA) approved contraceptive methods, sterilization procedures, and patient education and counseling  
NOTE: exemptions for religious employers may be granted by HRSA²⁹ | Women with reproductive capacity |  | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release.  
As prescribed. | Contraceptive methods and counseling.  
http://www.hrsa.gov/womensguidelines/ | Contraceptive devices requiring a prescription:  
H&SC 1367.25  
IC 10123.196 |

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<tr>
<th>#</th>
<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms (^{28})</th>
<th>HRSA-Supported Health Plan Coverage Guidelines for Women’s Preventive Services</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law (^{27})</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>Sexually transmitted infections (STI)</td>
<td>Counseling</td>
<td>Women who are sexually active</td>
<td></td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release. Annually.</td>
<td>Counseling for sexually transmitted infections for all sexually active women. <a href="http://www.hrsa.gov/womensguidelines/">http://www.hrsa.gov/womensguidelines/</a></td>
<td>None identified</td>
</tr>
<tr>
<td>8</td>
<td>Wellness</td>
<td>Well-woman preventive care visit(s), including preconception care, that are age and developmentally appropriate (^{30})</td>
<td>Non-pregnant adult women</td>
<td>Non-pregnant adult women</td>
<td>Without cost-sharing when in-network. As soon as 12 months after recommendation release. Annually, although several visits may be needed to obtain all necessary recommended preventive services.</td>
<td>Well-woman visits. <a href="http://www.hrsa.gov/womensguidelines/">http://www.hrsa.gov/womensguidelines/</a></td>
<td>Multiple mandates relate. See specific conditions or disorders.</td>
</tr>
</tbody>
</table>

\(^{30}\) The guideline indicates that the well-woman visit includes, as appropriate, any test, treatment, or service referenced by the HRSA-supported health plan coverage guidelines for women’s preventive services (which are the focus of this table) as well as any referenced by the federal preventive services health insurance benefit mandate (which are the focus of this resource).
<table>
<thead>
<tr>
<th>#</th>
<th>Condition or Disease</th>
<th>Test, Treatment, or Service</th>
<th>Specified Sex/Other</th>
<th>Specified Age/Other</th>
<th>Terms[^28]</th>
<th>HRSA-Supported Health Plan Coverage Guidelines for Women's Preventive Services[^30]</th>
<th>Related Health Insurance Benefit Mandate(s) in California State Law[^27]</th>
</tr>
</thead>
</table>
| 9 | Wellness             | Well-woman preventive care visit(s), including prenatal care, that are age and developmentally appropriate[^31] | Pregnant adult women | Pregnant adult women | Without cost-sharing when in-network.  
As soon as 12 months after recommendation release.  
Annually, although several visits may be needed to obtain all necessary recommended preventive services. | Well-woman visits. [http://www.hrsa.gov/womensguidelines/](http://www.hrsa.gov/womensguidelines/) | Any related health insurance benefit mandate in California state law in this document that relates to women. |

[^28]: The guideline indicates that the well-woman visit includes, as appropriate, any test, treatment, or service referenced by the HRSA-supported health plan coverage guidelines for women’s preventive services (which are the focus of this table) as well as any referenced by the federal preventive services health insurance benefit mandate (which are the focus of this resource).