

California Health Benefits Review Program

Resource:

The Federal Preventive Services Health Insurance
Benefit Mandate and California's Health Insurance
Benefit Mandates

January 24, 2014



The Federal Preventive Services Health Insurance Benefit Mandate and California's Health Insurance Benefit Mandates

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THE FEDERAL PREVENTIVE SERVICES HEALTH INSURANCE BENEFIT MANDATE AND CALIFORNIA'S HEALTH INSURANCE BENEFIT MANDATES

As a tool for the next legislative session, the California Health Benefits Review Program (CHBRP) created this resource to identify potential overlap between the federal benefit mandate requiring coverage of some preventive services and California state benefit mandates.

As indicated in federal¹ and California state² law, non-grandfathered group and individual health insurance plans and policies must cover certain preventive services *without cost-sharing when delivered by in-network providers and as soon as 12 months after a recommendation* appears in any of the following:

- The United States Preventive Services Task Force (USPSTF) A and B recommendations³
- The Health Resources and Services Administration (HRSA)-supported health plan coverage guidelines for women's preventive services⁴
- The HRSA-supported comprehensive guidelines for infants, children, and adolescents, which include:
 - The *Bright Futures* Recommendations for Pediatric Preventive Health Care⁵, and
 - The recommendations of the Secretary's Advisory Committee on Heritable Disorders in Newborns and Children⁶
- The Advisory Committee on Immunization Practices (ACIP) recommendations that have been adopted by the Director of the Centers for Disease Control and Prevention (CDC)⁷

This resource has been prepared by CHBRP, which responds to requests from the California Legislature to provide independent analysis of the medical, financial, and public health impacts of proposed health insurance benefit mandates and repeals.⁸

¹ Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act.

² California Health and Safety Code 1367.002 and California Insurance Code Section 10112.2.

³ USPSTF created a concise document summarizing its A and B recommendations (Current as of January 2014), available at: <http://www.uspreventiveservicestaskforce.org/uspstf/uspsabrecs.htm>. However, for this resource CHBRP consulted USPSTF's A-Z Topic Guide because up-to-date summaries of recommendations are available through links on that webpage: <http://www.uspreventiveservicestaskforce.org/uspsttopics.htm>.

⁴ Available at: <http://www.hrsa.gov/womensguidelines/>.

⁵ Available at: <http://brightfutures.aap.org/pdfs/AAP%20Bright%20Futures%20Periodicity%20Sched%20101107.pdf>.

⁶ Available at:

<http://www.hrsa.gov/advisorycommittees/mchbadvisory/heritabledisorders/recommendedpanel/uniformscreeningpanel.pdf>.

⁷ "Recommended immunization schedules for persons aged 0 through 18 years—United States, 2013" available at:

<http://www.cdc.gov/vaccines/schedules/downloads/child/0-18yrs-schedule.pdf>.

"Catch-up immunization schedule for persons aged 4 months through 18 years who start late or are more than 1 month behind—United States, 2013" available at: <http://www.cdc.gov/vaccines/schedules/downloads/child/catchup-schedule-pr.pdf>.

"Recommended adult immunization schedule—United States, 2013" available at:

<http://www.cdc.gov/vaccines/schedules/downloads/adult/adult-schedule.pdf>.

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Methods

For Table 1, CHBRP reviewed known benefit mandates in California’s Health and Safety Code (H&SC) and the California Insurance Code (IC)⁹ to identify state benefit mandates that seemed to overlap with the tests, treatments, or services partially or fully addressed by one or more of USPSTF’s recommendations. Where there appears to be overlap, the relevant H&SC and IC are listed in the last column. If there does not appear to be overlap, “None identified” appears in the last column. CHBRP defines benefit mandates as per its authorizing statute.¹⁰ Therefore, the listed mandates fall into one or more of the following categories: (a) offer or provide coverage for the screening, diagnosis, or treatment of specific diseases or conditions; (b) offer or provide coverage for types of health care treatments or services, including coverage of medical equipment, supplies, or drugs used in a treatment or service; and/or (c) offer or provide coverage permitting treatment or services from a specific type of health care provider. Listed mandates also include those that (d) specify terms (limits, timeframes, copayments, deductibles, coinsurance, etc.) for any of the other categories. USPSTF created a concise document summarizing its A and B recommendations¹¹ (last updated in November 2013). Links to these summaries of recommendations are presented in Table 1. In some instances, upon recommendation by the CHBRP Faculty Task Force, the related USPSTF Recommendation Statement was consulted for detail or clarification; these cases are indicated with a footnote. Table 1 is organized alphabetically by the condition or disease addressed by a USPSTF recommendation. The columns in Table 1 also indicate the specified test, treatment, or service, and any specified sex, age, or other characteristics of eligible enrollees. Blanks in these columns indicate that the USPSTF recommendation was not specific. It should be noted that

⁸ This resource supplements another CHBRP publication: Health Insurance Benefit Mandates in California State and Federal Law, which is available at: http://www.chbrp.org/other_publications/index.php.

⁹ CHBRP maintains a list of benefit mandates current in California, available at: http://www.chbrp.org/other_publications/index.php.

¹⁰ Available at: http://www.chbrp.org/docs/authorizing_statute.pdf.

¹¹ Available at: <http://www.uspreventiveservicestaskforce.org/uspstf/uspabrecs.htm>.

USPSTF often does not define specify age groups, but rather makes recommendations for “children,” “adolescents,” or “adults.” The next column identifies specified terms of coverage. For clarity, the terms specified by the federal preventive services benefit mandate are always included and are in *italics*; the terms are “*without cost-sharing when in-network*” and “*as soon as 12 months after recommendation release.*” If the USPSTF recommendation was released less than 12 months ago, that row is highlighted in the table. When the USPSTF recommendation seems to imply terms (e.g., frequency of event) which could affect the terms of benefit coverage, these are listed in the same column, without italics. When updates are made to any of the schedules, new benefit mandates are listed individually and highlighted, in order to indicate which are less than 12 months old and therefore may not be among the list for which benefit coverage is required.

For Table 2, CHBRP used complimentary methods, except that the known benefit mandates in the H&SC and IC were reviewed to identify overlap with HRSA-supported health plan coverage guidelines for women’s preventive services,¹² developed by the Institute of Medicine (IOM).

For Table 3 and Table 4, CHBRP used complimentary methods with a few exceptions. For Table 3, the known benefit mandates in the H&SC and IC were reviewed to identify overlap with HRSA-supported comprehensive guidelines for infants, children, and adolescents, which include: (1) The *Bright Futures* Recommendations for Pediatric Preventive Health Care;¹³ and (2) the recommendations of the.¹⁴ For Table 4, the known benefit mandates in the H&SC and IC were reviewed to identify overlap with ACIP recommendations that have been adopted by the Director of the CDC.¹⁵ For both Table 3 and Table 4, CHBRP has not listed each federal health insurance benefit mandate as specified by reference to HRSA and ACIP. Because individual recommendations often relate to multiple conditions and diseases, and because the schedules often imply complex variation by age—and sometimes by sex—we have aggregated the benefit mandates as screenings or treatments related to “wellness” or as “vaccine preventable diseases.” Links to HRSA- and ACIP-supported schedules are provided in the tables.

¹² Available at: <http://www.hrsa.gov/womensguidelines/>.

¹³ Available at: <http://brightfutures.aap.org/pdfs/AAP%20Bright%20Futures%20Periodicity%20Sched%20101107.pdf>.

¹⁴ Available at:

<http://www.hrsa.gov/advisorycommittees/mchbadvisory/heritabledisorders/recommendedpanel/uniformscreeningpanel.pdf>.

¹⁵ “Recommended immunization schedules for persons aged 0 through 18 years—United States, 2013” available at: <http://www.cdc.gov/vaccines/schedules/downloads/child/0-18yrs-schedule.pdf>.

“Catch-up immunization schedule for persons aged 4 months through 18 years who start late or are more than 1 month behind—United States, 2013” available at: <http://www.cdc.gov/vaccines/schedules/downloads/child/catchup-schedule-pr.pdf>.

“Recommended adult immunization schedule—United States, 2013” available at: <http://www.cdc.gov/vaccines/schedules/downloads/adult/adult-schedule.pdf>.

Table 1. Federal Health Insurance Benefit Mandates as Specified by Reference to USPSTF A and B Recommendations¹⁶ & Related Mandates in California State Law^{17,18}

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
In the rows that follow, recommendations released less than 12 months prior to 1/9/14 are highlighted in the same color as this cell. If the new recommendation revises an older recommendation, the change is <u>underlined and defined</u> .							
1	Abdominal aortic aneurysm (AAA)	Ultrasonography	Men	65-75 who have ever smoked	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i> <i>One-time</i>	Screening for Abdominal Aortic Aneurysm http://www.uspreventiveservicestaskforce.org/uspstf/uspsaneu.htm (February 2005) Grade: B	None identified

¹⁶ Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act.

¹⁷ For brevity, CHBRP has not listed in each row the California mandate (H&SC 1367.002 & IC 10112.2) which requires compliance with federal laws and regulations requiring coverage of preventive services without cost-sharing (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act).

¹⁸ CHBRP is aware that state regulation may also require benefit coverage, but is focusing this resource on health insurance benefit mandate laws.

¹⁹ Unless otherwise noted, the links listed below were accessed on or before 10/12/12.

²⁰ Unless otherwise noted, the mandates listed below were reviewed on or before 11/15/12.

²¹ “Other” is included here in order to specify pregnant or non-pregnant women.

²² “Other” is included here when more details are available about the intended group, beyond age.

²³ *Italicized terms* are explicit in the federal law (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act). Non-italicized terms of benefit coverage are implied by the referenced recommendation.

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
2	Alcohol misuse	Screening		Adults <u>aged 18 years or older</u> * *Now more specific. The April 2004 recommendation referenced “adults” only	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsdrin.htm (May 2013) Grade: B	Alcoholism treatment: H&SC 1367.2(a) IC 10123.6 Nicotine or chemical dependency treatment in licensed alcoholism or chemical dependency facilities: H&SC 1367.2(b) IC 10123.6 Maternity services: IC 10123.865 IC 10123.866
3	Alcohol misuse	Brief behavioral counseling interventions to reduce alcohol misuse		<u>Persons engaged in risky or hazardous drinking</u> * *Now more specific. The April 2004 recommendation referenced “adults” only	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsdrin.htm (May 2013) Grade: B	Alcoholism treatment: H&SC 1367.2(a) IC 10123.6 Nicotine or chemical dependency treatment in licensed alcoholism or chemical dependency facilities: H&SC 1367.2(b) IC 10123.6 Maternity services: IC 10123.865 IC 10123.866

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
4	Anemia	Routine iron supplementation		Children aged 6-12 months who are asymptomatic and at increased risk for iron deficiency anemia	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Iron Deficiency Anemia http://www.uspreventiveservicestaskforce.org/uspstf/uspsiron.htm (May 2006) Grade: B	Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35 IC 10123.5
5	Anemia	Routine screening for iron deficiency anemia	Pregnant women who are asymptomatic		<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Iron Deficiency Anemia http://www.uspreventiveservicestaskforce.org/uspstf/uspsiron.htm (May 2006) Grade: B	Maternity services: IC 10123.865 IC 10123.866

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
6	Bacteriuria	Urine culture	Pregnant women who are asymptomatic		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>At 12 to 16 weeks' gestation or at the first prenatal visit, if later</p>	<p>Screening of Asymptomatic Bacteriuria</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsbact.htm</p> <p>(July 2008)</p> <p>Grade: A</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p>
7	<p>Breast cancer*</p> <p>*Now broader, the September 2005 recommendation included only breast and ovarian cancer, the new recommendation includes tubal and peritoneal cancers</p>	Genetic counseling and evaluation for <i>BRCA</i> testing	Women when family history is associated with an increased risk for potentially harmful mutations in <i>BRCA1</i> or <i>BRCA2</i> genes		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Women with positive screening results should receive genetic counseling and, if indicated after counseling, <i>BRCA</i> testing</p>	<p>Risk Assessment, Genetic Counseling, and Genetic Testing for <i>BRCA</i>-Related Cancer in Women</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsbrgen.htm</p> <p>(December 2013)</p> <p>Grade: B</p>	<p>Breast cancer screening, diagnosis, and treatment:</p> <p>H&SC 1367.6</p> <p>IC 10123.8</p> <p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
8	Breast cancer	<p><u>Shared, informed decision-making about medications to reduce risk*</u></p> <p>*Now focused on decision making. The September 2005 recommendation referenced counseling only</p>	<p>Women at high risk for breast cancer*</p> <p>*Now broader. The September 2005 recommendation specified high risk for cancer and low risk for adverse events</p>		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Medications for Risk Reduction of Breast Cancer in Women</p> <p>http://www.uspreventivesevicestaskforce.org/uspstf/uspsbrpv.htm</p> <p>(September 2013)</p> <p>Grade: B</p>	<p>Breast cancer screening, diagnosis, and treatment:</p> <p>H&SC 1367.6</p> <p>IC 10123.8</p> <p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>
9	Breast cancer	<p><u>Offer to prescribe risk-reducing medications, such as tamoxifen or raloxifene*</u></p> <p>*Now recommending specific prescription medications. The September 2005 recommendation did not</p>	<p><u>Women at high risk for breast cancer and at low risk adverse medication effects*</u></p> <p>*Now recommending specific prescriptions medications for select women. The September 2005 did not</p>		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Medications for Risk Reduction of Breast Cancer in Women</p> <p>http://www.uspreventivesevicestaskforce.org/uspstf/uspsbrpv.htm</p> <p>(September 2013)</p> <p>Grade: B</p>	<p>Breast cancer screening, diagnosis, and treatment:</p> <p>H&SC 1367.6</p> <p>IC 10123.8</p> <p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
10	Breast cancer	Screening mammography, with or without clinical breast examination	Women	40 and older	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Every 1 to 2 years</p>	<p>Screening for Breast Cancer (2002)</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsbrca2002.htm</p> <p>(September 2002)*</p> <p>Grade: B</p> <p>*Section 2713(a)(5) of the Public Health Service Act, which implements the ACA, specifies that this USPSTF recommendation be used</p>	<p>Mammography:</p> <p>H&SC 1367.65</p> <p>IC 10123.81</p> <p>Breast cancer screening, diagnosis, and treatment:</p> <p>H&SC 1367.6</p> <p>IC 10123.8</p> <p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>
11	Cardiovascular disease (CVD)	Aspirin	Men	45-79 when potential benefit due to a reduction in myocardial infarctions outweighs potential harm due to an increase in gastrointestinal hemorrhage	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Aspirin for the Prevention of Cardiovascular Disease</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsasmi.htm</p> <p>(March 2009)</p> <p>Grade: A</p>	None identified

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
12	Cardiovascular disease (CVD)	Aspirin	Women	55-79 when potential benefit of a reduction in ischemic strokes outweighs potential harm of an increase in gastrointestinal hemorrhage	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Aspirin for the Prevention of Cardiovascular Disease http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsasmi.htm (March 2009) Grade: A	None identified
13	Cardiovascular and diet-related chronic disease	Intensive behavioral dietary counseling		Adults with hyperlipidemia and other known risk factors for cardiovascular and diet-related chronic disease	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i> Intensive counseling can be delivered by primary care clinicians or by referral to other specialists, such as nutritionists or dietitians	Behavioral Counseling in Primary Care to Promote a Healthy Diet in Adults at Increased Risk for Cardiovascular Disease http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsdiet.htm (January 2003) Grade: B	None identified

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
14	Cervical cancer	Cytology (Pap smear)	Women	21-65	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Every 3 years</p>	<p>Screening for Cervical Cancer</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspscerv.htm</p> <p>(March 2012)</p> <p>Grade: A</p>	<p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>
15	Cervical cancer	Cytology and human papillomavirus (HPV) testing	Women	30-65 who want to lengthen screening interval	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Every 5 years</p>	<p>Screening for Cervical Cancer</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspscerv.htm</p> <p>(March 2012)</p> <p>Grade: A</p>	<p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
16	Chlamydial infection	Screening	Non-pregnant women	24 and younger who are sexually active	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Chlamydial Infection http://www.uspreventiveservicestaskforce.org/uspstf/uspschl.htm (June 2007) Grade: A	Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35 IC 10123.5 Comprehensive preventive care for children aged 17 and 18 years: H&SC 1367.3 IC 10123.55
17	Chlamydial infection	Screening	Non-pregnant women	25 and older who are at increased risk	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Chlamydial Infection http://www.uspreventiveservicestaskforce.org/uspstf/uspschl.htm (June 2007) Grade: A	None identified

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
18	Chlamydial infection	Screening	Pregnant women	24 and younger	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for Chlamydial Infection</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspschlm.htm</p> <p>(June 2007)</p> <p>Grade: B</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p> <p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p> <p>Comprehensive preventive care for children aged 17 and 18 years:</p> <p>H&SC 1367.3</p> <p>IC 10123.55</p>
19	Chlamydial infection	Screening	Pregnant women	25 and older who are at increased risk	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for Chlamydial Infection</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspschlm.htm</p> <p>(June 2007)</p> <p>Grade: B</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p>

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
20	Colorectal cancer (CRC)	Screening using fecal occult blood testing, sigmoidoscopy, or colonoscopy		50-75	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Fecal occult blood testing (FOBT) annually, sigmoidoscopy every 5 years with every 3 year FOBT, or colonoscopy every 10 years²⁴</p> <p>The risks and benefits of these screenings may vary</p>	<p>Screening for Colorectal Cancer</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspscolo.htm</p> <p>(October 2008)</p> <p>Grade: A</p>	<p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>

²⁴ The frequency for these tests is not mentioned in the Summary of Recommendations; however it is included in the Recommendation Statement available at: <http://www.uspreventiveservicestaskforce.org/uspstf08/colocancer/colors.pdf>.

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
21	Dental caries	Oral fluoride supplementation		Preschool-aged children over 6 months of age whose primary water source is deficient in fluoride	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>When prescribed by primary care clinicians at currently recommended doses</p>	<p>Prevention of Dental Caries in Preschool-Aged Children</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsdnch.htm</p> <p>(April 2004)</p> <p>Grade: B</p>	<p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p>
22	Depression	Screening for major depressive disorder (MDD)		12 to 18	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>When systems are in place to ensure accurate diagnosis, psychotherapy (cognitive-behavioral or interpersonal), and follow-up</p>	<p>Major Depressive Disorder in Children and Adolescents</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspschdepr.htm</p> <p>(March 2009)</p> <p>Grade: B</p>	<p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p> <p>Comprehensive preventive care for children aged 17 and 18 years:</p> <p>H&SC 1367.3</p> <p>IC 10123.55</p>

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
23	Depression	Screening		Adults	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>When staff-assisted depression care supports are in place to assure accurate diagnosis, effective treatment, and follow-up</p>	<p>Screening for Depression in Adults</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsaddepr.htm</p> <p>(December 2009)</p> <p>Grade: B</p>	None identified
24	Diabetes	Screening for type 2 diabetes		Adults who are asymptomatic with sustained blood pressure (either treated or untreated) greater than 135/80 mm Hg	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for Type 2 Diabetes Mellitus in Adults</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsdiab.htm</p> <p>(June 2008)</p> <p>Grade: B</p>	None identified

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
25	Falls	Exercise or physical therapy and vitamin D supplementation		65 and older who are community-dwelling and at increased risk for falls	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Prevention of Falls in Community-Dwelling Older Adults http://www.uspreventiveservices.org/uspstf/uspsfalls.htm (May 2012) Grade: B	None identified
26	Gestational diabetes	Screening	Asymptomatic pregnant women after 24 weeks gestation		<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Gestational Diabetes Mellitus http://www.uspreventiveservices.org/uspstf/uspsgdm.htm (January 2014) Grade: B	Maternity services: IC 10123.865 IC 10123.866
27	Gonorrhea	Screening	Women, including pregnant women, who are sexually active and at increased risk for infection		<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Gonorrhea http://www.uspreventiveservices.org/uspstf/uspsgono.htm (May 2005) Grade: B	Maternity services: IC 10123.865 IC 10123.866

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
28	Gonococcal ophthalmia neonatorum	Prophylactic ocular topical medication		Newborns	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsgononew.htm</p> <p>(July 2011)</p> <p>Grade: A</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p> <p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p>
29	Hearing loss	Screening		Newborns	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Universal Screening for Hearing Loss in Newborns</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsnbhr.htm</p> <p>(July 2008)</p> <p>Grade: B</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p> <p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p>

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
30	Hepatitis B virus (HBV) infection	Screening	Pregnant women		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>At first prenatal visit</p>	<p>Screening for Hepatitis B Virus Infection in Pregnancy</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspshepbpg.htm</p> <p>(June 2009)</p> <p>Grade: A</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p>
31	Hepatitis C virus (HCV) infection	Screening		Adults at high risk for infection	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>One-time screening for HCV infection to adults born between 1945 and 1965</p>	<p>Screening for Hepatitis C Virus Infection in Adults</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspshepc.htm</p> <p>(June 2013)</p> <p>Grade: B</p>	None identified

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
32	Human immunodeficiency virus (HIV)	Screening		<p>Adolescents and adults aged 15 to 65 as well as younger and older persons at increased risk*</p> <p>*Now broader. The July 2005 recommendation specified “at risk only”</p>	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for HIV</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspshivi.htm</p> <p>(April 2013)</p> <p>Grade: A</p>	<p>HIV testing:</p> <p>H&SC 1367.46</p> <p>IC 10123.91</p> <p>Comprehensive preventive care for children aged 17 and 18 years:</p> <p>H&SC 1367.3</p> <p>IC 10123.55</p>
33	Human immunodeficiency virus (HIV)	Screening	<p>Pregnant women - <u>including women who present in labor who are untested and whose HIV status is unknown*</u></p> <p>*Now more specific. The July 2005 recommendation did not address women in labor.</p>		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for HIV</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspshivi.htm</p> <p>(April 2013)</p> <p>Grade: A</p>	<p>HIV testing:</p> <p>H&SC 1367.46</p> <p>IC 10123.91</p>

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
34	Hypertension	Blood pressure screening		18 and older	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for High Blood Pressure in Adults http://www.uspreventiveservicestaskforce.org/uspstf/usps-hype.htm (December 2007) Grade: A	Comprehensive preventive care for children aged 17 and 18 years: H&SC 1367.3 IC 10123.55
35	Hypothyroidism	Screening for congenital hypothyroidism (CH)		Newborns	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Congenital Hypothyroidism http://www.uspreventiveservicestaskforce.org/uspstf/uspscghy.htm (March 2008) Grade: A	Maternity services: IC 10123.865 IC 10123.866 Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35 IC 10123.5

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
36	Interpersonal and domestic violence	Screening for intimate partner violence Provide or refer for intervention services to women who screen positive	Women of childbearing age		<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Intimate Partner Violence http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsipv.htm (January 2013) Grade: B	None identified
37	Lipid disorders	Screening	Men	20-35 at increased risk for coronary heart disease	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Lipid Disorders in Adults http://www.uspreventiveserVICEStaskforce.org/uspstf/uspschol.htm (June 2008) Grade: B	None identified
38	Lipid disorders	Screening	Men	35 and older	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Lipid Disorders in Adults http://www.uspreventiveserVICEStaskforce.org/uspstf/uspschol.htm (June 2008) Grade: A	None identified

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
39	Lipid disorders	Screening	Women	20-45 at increased risk for coronary heart disease	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Lipid Disorders in Adults http://www.uspreventiveserVICEStaskforce.org/uspstf/uspschol.htm (June 2008) Grade: B	None identified
40	Lipid disorders	Screening	Women	45 and older at increased risk for coronary heart disease	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Lipid Disorders in Adults http://www.uspreventiveserVICEStaskforce.org/uspstf/uspschol.htm (June 2008) Grade: A	None identified

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
41	Lung cancer	Screening with low-dose computed tomography	Adults	50 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.</p>	<p>Screening for Lung Cancer</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspslung.htm</p> <p>(December 2013)</p> <p>Grade: B</p>	<p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
42	Obesity	Screening and comprehensive, intensive behavioral interventions to promote improvement in weight status		Children and adolescents 6 and older ²⁵	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Obesity in Children and Adolescents http://www.uspreventiveservicestaskforce.org/uspstf/uspschobes.htm (January 2010) Grade: B	Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35 IC 10123.5
43	Obesity	Screening		Adults	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for and Management of Obesity in Adults http://www.uspreventiveservicestaskforce.org/uspstf/uspsobes.htm (June 2012) Grade: B	None identified

²⁵ The Summary Recommendation does not define obesity. Obesity is defined in the Recommendation Statement “as having a BMI at $\geq 95^{\text{th}}$ percentile for age and gender”, but the recommendation is not explicitly restricted to obese children and adolescents. The Recommendation Statement is available at: <http://www.uspreventiveservicestaskforce.org/uspstf10/childobes/chobesrs.htm>.

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
44	Obesity	Intensive, multicomponent behavioral interventions		Adults with body mass index (BMI) of 30 kg/m ² or higher	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for and Management of Obesity in Adults</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsobes.htm</p> <p>(June 2012)</p> <p>Grade: B</p>	None identified
45	Osteoporosis	Screening	Women	Younger than 65 whose fracture risk is equal to or greater than that of a 65-year-old white woman who has no additional risk factors	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for Osteoporosis</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsoste.htm</p> <p>(January 2011)</p> <p>Grade: B</p>	<p>Osteoporosis:</p> <p>H&SC 1367.67</p> <p>IC 10123.185</p>

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
46	Osteoporosis	Screening	Women	65 and older	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for Osteoporosis</p> <p>http://www.uspreventivesevicetaskforce.org/uspstf/uspsoste.htm</p> <p>(January 2011)</p> <p>Grade: B</p>	<p>Osteoporosis:</p> <p>H&SC 1367.67</p> <p>IC 10123.185</p>
47	<p>Ovarian, tubal, or peritoneal cancer*</p> <p>* Now broader, the September 2005 recommendation included only breast and ovarian cancer, the new recommendation includes tubal and peritoneal cancers</p>	Genetic counseling and evaluation for <i>BRCA</i> testing	Women when family history is associated with an increased risk for potentially harmful mutations in <i>BRCA1</i> or <i>BRCA2</i> genes		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Women with positive screening results should receive genetic counseling and, if indicated after counseling, <i>BRCA</i> testing</p>	<p>Risk Assessment, Genetic Counseling, and Genetic Testing for <i>BRCA</i>-Related Cancer in Women</p> <p>http://www.uspreventivesevicetaskforce.org/uspstf/uspsbrgen.htm</p> <p>(December 2013)</p> <p>Grade: B</p>	<p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
48	Phenylketonuria (PKU)	Screening		Newborns	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for Phenylketonuria (PKU)</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspspku.htm</p> <p>(March 2008)</p> <p>Grade: A</p>	<p>Phenylketonuria: H&SC 1374.56</p> <p>IC 10123.89</p> <p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p> <p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p>
49	Pregnancy	Interventions to promote and support breastfeeding	Pregnant women		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>During pregnancy and after birth</p>	<p>Primary Care Interventions to Promote Breastfeeding</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspsbrfd.htm</p> <p>(October 2008)</p> <p>Grade: B</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p> <p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p>

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
50	Pregnancy	Folic acid supplementation to prevent neural tube defects	Women who are planning or are capable of pregnancy		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Daily supplement containing 0.4 to 0.8 mg (400 to 800 µg) of folic acid</p>	<p>Folic Acid to Prevent Neural Tube Defects</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsnrfol.htm</p> <p>(May 2009)</p> <p>Grade: A</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p>
51	Pregnancy	Rh (D) blood typing and antibody testing	Pregnant women		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>During first visit for pregnancy-related care</p>	<p>Screening for Rh (D) Incompatibility</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsdrhi.htm</p> <p>(February 2004)</p> <p>Grade: A</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p>

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
52	Pregnancy	Repeated Rh (D) antibody testing	Pregnant women who are unsensitized Rh (D)-negative at 24-28 weeks' gestation, unless the biological father is known to be Rh (D)-negative		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for Rh (D) Incompatibility</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsdrhi.htm</p> <p>(February 2004)</p> <p>Grade: B</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p>
53	Sexually transmitted infections (STIs)	High-intensity behavioral counseling		Adolescents who are sexually active	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Behavioral Counseling to Prevent Sexually Transmitted Infections</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsstds.htm</p> <p>(October 2008)</p> <p>Grade: B</p>	<p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p> <p>Comprehensive preventive care for children aged 17 and 18 years:</p> <p>H&SC 1367.3</p> <p>IC 10123.55</p>

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
54	Sexually transmitted infections (STIs)	High-intensity behavioral counseling		Adults at increased risk for STIs	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Behavioral Counseling to Prevent Sexually Transmitted Infections</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsstds.htm</p> <p>(October 2008)</p> <p>Grade: B</p>	None identified
55	Sickle cell disease	Screening		Newborns	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for Sickle Cell Disease in Newborns</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsshemo.htm</p> <p>(September 2007)</p> <p>Grade: A</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p> <p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p>

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
56	Skin cancer	Counseling about minimizing exposure to ultraviolet radiation to reduce risk for skin cancer		10-24 who have fair skin	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Behavioral Counseling to Prevent Skin Cancer http://www.uspreventiveservicestaskforce.org/uspstf/uspskco.htm (May 2012) Grade: B	Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35 IC 10123.5 Comprehensive preventive care for children aged 17 and 18 years: H&SC 1367.3 IC 10123.55
57	Syphilis infection	Screening		Persons at increased risk	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for Syphilis Infection http://www.uspreventiveservicestaskforce.org/uspstf/uspsyph.htm (July 2004) Grade: A	None identified

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
58	Syphilis infection	Screening	Pregnant women		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening for Syphilis Infection in Pregnancy</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspssyphpg.htm</p> <p>(May 2009)</p> <p>Grade: A</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p>
59	Tobacco use	Education or brief counseling to prevent initiation of tobacco use		School-aged children and adolescents	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Primary Care Interventions to Prevent Tobacco Use in Children and Adolescents</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspstbac.htm</p> <p>(August 2013)</p> <p>Grade: B</p>	None identified

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	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
60	Tobacco use	Ask about tobacco use	Pregnant women		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Counseling and Interventions to Prevent Tobacco Use and Tobacco-Caused Disease in Adults and Pregnant Women</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspstbac2.htm</p> <p>(April 2009)</p> <p>Grade: A</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p>
61	Tobacco-caused disease	Augmented, pregnancy-tailored tobacco cessation counseling	Pregnant women who smoke		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Counseling and Interventions to Prevent Tobacco Use and Tobacco-Caused Disease in Adults and Pregnant Women</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspstbac2.htm</p> <p>(April 2009)</p> <p>Grade: A</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p>

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
62	Tobacco use	Ask about tobacco use		Adults	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Counseling and Interventions to Prevent Tobacco Use and Tobacco-Caused Disease in Adults and Pregnant Women</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspstbac2.htm</p> <p>(April 2009)</p> <p>Grade: A</p>	None identified
63	Tobacco-caused disease	Tobacco cessation interventions		Adults using tobacco products	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Counseling and Interventions to Prevent Tobacco Use and Tobacco-Caused Disease in Adults and Pregnant Women</p> <p>http://www.uspreventiveservicestaskforce.org/uspstf/uspstbac2.htm</p> <p>(April 2009)</p> <p>Grade: A</p>	None identified

#	Federal Mandates as Specified by Reference to USPSTF					USPSTF A or B Recommendation ¹⁹	Related Health Insurance Benefit Mandate(s) in California State Law ²⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ²¹	Specified Age/Other ²²	Terms ²³		
64	Visual impairment	Vision screening for amblyopia and its risk factors		Children aged 3-5 years	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>At least once</p>	<p>Screening for Visual Impairment in Children Ages 1 to 5 Years</p> <p>http://www.uspreventiveserVICEStaskforce.org/uspstf/uspsvsch.htm</p> <p>(January 2011)</p> <p>Grade: B</p>	<p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p>

Table 2. Federal Health Insurance Benefit Mandates as Specified by Reference to HRSA-Supported Health Plan Coverage Guidelines for Women’s Preventive Services²⁶ & Related Mandates in California State Law^{27,28}

#	Federal Mandates as Specified by Reference to HRSA-Supported Guidelines					HRSA-Supported Health Plan Coverage Guidelines for Women’s Preventive Services ²⁹	Related Health Insurance Benefit Mandate(s) in California State Law ³⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ³¹	Specified Age/Other ³²	Terms ³³		
As of 01/09/14, all of the HRSA-supported health plan coverage guidelines for women’s preventive services are more than 12 months old. When new or changed guidelines are released, this table will be updated and rows with recommendations released less than 12 months prior to the date of publication will be highlighted in the same color as this cell.							
1	Gestational diabetes	Screening	Pregnant women, between 24 and 28 weeks of gestation (or at first prenatal visit for women at high risk for diabetes)		<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Screening for gestational diabetes http://www.hrsa.gov/womensguidelines/	Maternity services: IC 10123.865 IC 10123.866

²⁶ Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act.

²⁷ For brevity, CHBRP has not listed in each row the California mandate (H&SC 1367.002 & IC 10112.2) which requires compliance with federal laws and regulations requiring coverage of preventive services without cost-sharing (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act).

²⁸ CHBRP is aware that state regulation may require benefit coverage, but is focusing this resource on health insurance benefit mandate laws.

²⁹ Unless otherwise noted, the links listed below were accessed on or before 11/15/12.

³⁰ Unless otherwise noted, the mandates listed below were reviewed on or before 11/15/12.

³¹ “Other” is included here in order to specify pregnant or non-pregnant women.

³² “Other” is included here when more details are available about the intended group, beyond age.

³³ *Italicized terms* are explicit in the federal law (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act). Non-italicized terms of benefit coverage are implied by the referenced recommendation.

#	Federal Mandates as Specified by Reference to HRSA-Supported Guidelines					HRSA-Supported Health Plan Coverage Guidelines for Women's Preventive Services ²⁹	Related Health Insurance Benefit Mandate(s) in California State Law ³⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ³¹	Specified Age/Other ³²	Terms ³³		
2	Human immune-deficiency virus (HIV)	Counseling and screening	Women who are sexually active		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Annually</p>	<p>Counseling and screening for human immune-deficiency virus</p> <p>http://www.hrsa.gov/womensguidelines/</p>	<p>HIV testing:</p> <p>H&SC 1367.46</p> <p>IC 10123.91</p>
3	Human papillomavirus (HPV)	High-risk HPV DNA testing	Women	30 and older with normal cytology results	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>No more frequently than every 3 years</p>	<p>Human papillomavirus testing</p> <p>http://www.hrsa.gov/womensguidelines/</p>	<p>Cancer screening tests:</p> <p>H&SC 1367.665</p> <p>IC 10123.20</p>

#	Federal Mandates as Specified by Reference to HRSA-Supported Guidelines					HRSA-Supported Health Plan Coverage Guidelines for Women's Preventive Services ²⁹	Related Health Insurance Benefit Mandate(s) in California State Law ³⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ³¹	Specified Age/Other ³²	Terms ³³		
4	Interpersonal and domestic violence	Screening and counseling	Women		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p>	<p>Screening and counseling for interpersonal and domestic violence</p> <p>http://www.hrsa.gov/womensguidelines/</p>	None identified
5	Pregnancy	Comprehensive lactation support and counseling, and breastfeeding equipment (rental)	Women, during pregnancy and/or in the postpartum period in conjunction with each birth		<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>When delivered by a trained provider</p>	<p>Breastfeeding support, supplies, and counseling</p> <p>http://www.hrsa.gov/womensguidelines/</p>	<p>Maternity services:</p> <p>IC 10123.865</p> <p>IC 10123.866</p> <p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p>

#	Federal Mandates as Specified by Reference to HRSA-Supported Guidelines					HRSA-Supported Health Plan Coverage Guidelines for Women's Preventive Services ²⁹	Related Health Insurance Benefit Mandate(s) in California State Law ³⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ³¹	Specified Age/Other ³²	Terms ³³		
6	Contraception	All Food and Drug Administration (FDA) approved contraceptive methods, sterilization procedures, and patient education and counseling NOTE: Exemptions for religious employers may be granted by HRSA ³⁴	Women with reproductive capacity		<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i> As prescribed	Contraceptive methods and counseling http://www.hrsa.gov/womensguidelines/	Contraceptive devices requiring a prescription: H&SC 1367.25 IC 10123.196
7	Sexually transmitted infections (STI)	Counseling	Women who are sexually active		<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i> Annually	Counseling for sexually transmitted infections for all sexually active women http://www.hrsa.gov/womensguidelines/	None identified

³⁴ See Federal Register /Vol. 76, No. 149 /Wednesday, August 3, 2011 /Rules and Regulations available at: <http://www.gpo.gov/fdsys/pkg/FR-2011-08-03/pdf/2011-19684.pdf>.

#	Federal Mandates as Specified by Reference to HRSA-Supported Guidelines					HRSA-Supported Health Plan Coverage Guidelines for Women's Preventive Services ²⁹	Related Health Insurance Benefit Mandate(s) in California State Law ³⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ³¹	Specified Age/Other ³²	Terms ³³		
8	Wellness	Well-woman preventive care visit(s), including preconception and prenatal care, that are age and developmentally appropriate ³⁵	Non-pregnant women	Adults	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Annually, although several visits may be needed to obtain all necessary recommended preventive services, depending on health status, health needs, and other risk factors</p>	<p>Well-woman visits</p> <p>http://www.hrsa.gov/womensguidelines/</p>	Multiple mandates relate. See specific conditions or disorders.

³⁵ The guideline indicates that the well-woman visit includes, as appropriate, any test, treatment, or service referenced by the HRSA-supported health plan coverage guidelines for women's preventive services (which are the focus of this table) as well as any referenced by the federal preventive services health insurance benefit mandate (which are the focus of this resource).

#	Federal Mandates as Specified by Reference to HRSA-Supported Guidelines					HRSA-Supported Health Plan Coverage Guidelines for Women's Preventive Services ²⁹	Related Health Insurance Benefit Mandate(s) in California State Law ³⁰
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other ³¹	Specified Age/Other ³²	Terms ³³		
9	Wellness	Well-woman preventive care visit(s), including preconception and prenatal care, that are age and developmentally appropriate ³⁶	Pregnant women	Adults	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Annually, although several visits may be needed to obtain all necessary recommended preventive services, depending on health status, health needs, and other risk factors</p>	<p>Well-woman visits</p> <p>http://www.hrsa.gov/womensguidelines/</p>	Any related health insurance benefit mandate in California state law in this document that relates to women.

³⁶ The guideline indicates that the well-woman visit includes, as appropriate, any test, treatment, or service referenced by the HRSA-supported health plan coverage guidelines for women's preventive services (which are the focus of this table) as well as any referenced by the federal preventive services health insurance benefit mandate (which are the focus of this resource).

Table 3. Federal Health Insurance Benefit Mandates as Specified by Reference to HRSA-Supported Comprehensive Guidelines for Infants, Children, and Adolescents³⁷ & Related Mandates in California State Law^{38,39}

#	Federal Mandates as Specified by Reference to HRSA-Supported Guidelines					HRSA-Supported Comprehensive Guidelines for Infants, Children, and Adolescents ⁴⁰	Related Health Insurance Benefit Mandate(s) in California State Law ⁴¹
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other	Specified Age/Other	Terms ⁴²		
In the rows that follow, recommendations released less than 12 months prior to 1/9/14 are highlighted in the same color as this cell.							
1	Wellness	Screening (many, which includes autism screening)—for full list, see <i>Bright Futures</i> schedule (see link in this row, next to last column)		21 and younger, with varied ages for varied screenings – for full list, see <i>Bright Futures</i> schedule (see link in this row, next to last column)	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i> Per-child screening repetition coverage requirements vary by age and screening – for full list, see <i>Bright Futures</i> schedule (see links in this row, next to last column)	Recommendations for Pediatric Preventive Health Care Bright Futures/ American Academy of Pediatrics http://brightfutures.aap.org/pdfs/AAP%20Bright%20Futures%20Periodicity%20Sched%20101107.pdf (2008)	Comprehensive preventive care for children aged 16 years or younger: ⁴³ H&SC 1367.35 IC 10123.5 Comprehensive preventive care for children aged 17 and 18 years: ⁴² H&SC 1367.3 IC 10123.55

³⁷ Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act.

³⁸ For brevity, CHBRP has not listed in each row the California mandate (H&SC 1367.002 & IC 10112.2) which requires compliance with federal laws and regulations requiring coverage of preventive services without cost-sharing (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act).

³⁹ CHBRP is aware that state regulation may require benefit coverage, but is focusing this resource on health insurance benefit mandate laws.

⁴⁰ Unless otherwise noted, the links listed below were accessed on or before 11/30/12.

⁴¹ Unless otherwise noted, the mandates listed below were reviewed on or before 11/15/12.

⁴² *Italicized terms* are explicit in the federal law (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act). Non-italicized terms of benefit coverage are implied by the referenced recommendation.

#	Federal Mandates as Specified by Reference to HRSA-Supported Guidelines					HRSA-Supported Comprehensive Guidelines for Infants, Children, and Adolescents ⁴⁰	Related Health Insurance Benefit Mandate(s) in California State Law ⁴¹
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other	Specified Age/Other	Terms ⁴²		
2	Wellness	Screening (many)—for full list, see Heritable Disorders panel (see link in this row, next to last column)		Newborns and children – for full list, see Heritable Disorders panel (see link in this row, next to last column)	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i>	Recommended Uniform Screening Panel of the Secretary’s Advisory Committee on Heritable Disorders in Newborns and Children http://www.hrsa.gov/advisorycommittees/mchbadvisory/heritabledisorders/recommendedpanel/uniformscreeningpanel.pdf (Includes recommendations in effect as of April 2013)* *Recommendations have remained unchanged since December 2011	Maternity services: IC 10123.865 IC 10123.866 Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35 IC 10123.5 ⁴²

⁴³ This statute references a similar but older (1987) set of American Academy of Pediatrics recommendations.

Table 4. Federal Health Insurance Benefit Mandates as Specified by ACIP Recommendations^{44,45}

#	Federal Mandates as Specified by Reference to ACIP Recommendations					ACIP Recommendations ⁴⁶	Related Health Insurance Benefit Mandate(s) in California State Law ⁴⁷
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other	Specified Age/Other	Terms ⁴⁸		
In the rows that follow, recommendations released less than 12 months prior to 01/09/14 are highlighted in the same color as this cell.							
1	Vaccine preventable diseases	Immunizations (many) – for the full list, see the ACIP schedule (see link in this row, next to last column)		0 through 18 years, with varied ages for varied immunizations – for the full list, see ACIP schedule (see link in this row, next to last column)	<i>Without cost-sharing when in-network</i> <i>As soon as 12 months after recommendation release</i> Per-child/adolescent immunization repetition coverage requirements vary by age and immunization – for the full list, see ACIP schedule (see link in this row, next to last column)	Recommended immunization schedules for persons aged 0 through 18 years—United States, 2013 http://www.cdc.gov/vaccines/schedules/downloads/child/0-18yrs-schedule.pdf (Includes recommendations in effect as of January 1, 2013)	Maternity services: IC 10123.865 IC 10123.866 Comprehensive preventive care for children aged 16 years or younger: H&SC 1367.35 IC 10123.5 Comprehensive preventive care for children aged 17 and 18 years: H&SC 1367.3 IC 10123.55

⁴⁴ For brevity, CHBRP has not listed in each row the California mandate (H&SC 1367.002 & IC 10112.2) which requires compliance with federal laws and regulations requiring coverage of preventive services without cost-sharing (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act).

⁴⁵ CHBRP is aware that state regulation may require benefit coverage, but is focusing this resource on health insurance benefit mandate laws.

⁴⁶ Unless otherwise noted, the links listed below were accessed on or before 11/30/12.

⁴⁷ Unless otherwise noted, the mandates listed below were reviewed on or before 11/15/12.

⁴⁸ *Italicized terms* are explicit in the federal law (Affordable Care Act Section 1001, modifying Section 2713 of the Public Health Service Act). Non-italicized terms of benefit coverage are implied by the referenced recommendation.

#	Federal Mandates as Specified by Reference to ACIP Recommendations					ACIP Recommendations ⁴⁶	Related Health Insurance Benefit Mandate(s) in California State Law ⁴⁷
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other	Specified Age/Other	Terms ⁴⁸		
2	Vaccine preventable diseases	Catch-up immunizations (many) – for the full list, see the ACIP schedule (see link in this row, next to last column)		4 months through 18 years, who start late or who are more than 1 month behind, with varied ages for varied immunizations – for the full list, see ACIP schedule (see link in this row, next to last column)	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Per-child/adolescent immunization repetition coverage requirements vary by age and immunization - for the full list, see ACIP schedule (see link in this row, next to last column)</p>	<p>Catch-up immunization schedule for persons aged 4 months through 18 years who start late or are more than 1 month behind—United States, 2013</p> <p>http://www.cdc.gov/vaccines/schedules/downloads/child/catchup-schedule-pr.pdf</p> <p>(Includes recommendations in effect as of January 1, 2013)</p>	<p>Comprehensive preventive care for children aged 16 years or younger:</p> <p>H&SC 1367.35</p> <p>IC 10123.5</p> <p>Comprehensive preventive care for children aged 17 and 18 years:</p> <p>H&SC 1367.3</p> <p>IC 10123.55</p>

#	Federal Mandates as Specified by Reference to ACIP Recommendations					ACIP Recommendations ⁴⁶	Related Health Insurance Benefit Mandate(s) in California State Law ⁴⁷
	Condition or Disease	Test, Treatment, or Service	Specified Sex/Other	Specified Age/Other	Terms ⁴⁸		
3	Vaccine preventable diseases	Immunizations (many) – for the full list, see the ACIP schedule (see link in this row, next to last column)		Adults 19 and older, with varied ages for varied immunizations – for the full list, see ACIP schedule (see link in this row, next to last column)	<p><i>Without cost-sharing when in-network</i></p> <p><i>As soon as 12 months after recommendation release</i></p> <p>Per-adult immunization repetition coverage requirements vary by age and immunization – for the full list, see ACIP schedule (see link in this row, next to last column)</p>	<p>Recommended adult immunization schedule— United States, 2013</p> <p>http://www.cdc.gov/vaccines/schedules/downloads/adult/adult-schedule.pdf</p> <p>(Includes recommendations in effect as of January 1, 2013)</p>	None identified

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